

University of Mumbai



No. UG/ 116 of 2019-20

CIRCULAR:-

Attention of the Principals of the affiliated Colleges, the Heads of the University Departments and Directors of the recognized Institutions in Humanities Faculty is invited to this office Circular No. UG/279 of 2011, dated 12th September, 2011 relating to the syllabus for the Post Graduate Diploma Course in Mysticism.

They are hereby informed that the recommendations made by the Board of Studies in Sanskrit, Pali and Prakrit at its meeting held on 11th February, 2019 have been accepted by the Academic Council at its meeting held on 26th July, 2019 vide item No. 4.56 and that in accordance therewith, the revised syllabus of Post Graduate Diploma Course in Mysticism has been brought into force with effect from the academic year 2019-20, accordingly. (The same is available on the University's website www.mu.ac.in).

MUMBAI - 400 032
18th September, 2019


(Dr. Vinod P. Patil)
I/c REGISTRAR

To

The Principals of the affiliated Colleges, the Head of the University Departments and Directors of the recognized Institutions in Humanities Faculty. (Circular No. UG/334 of 2017-18 dated 9th January, 2018.)

A.C./4.56/26/07/2019

No. UG/ 116 -A of 2019

MUMBAI-400 032

18th September, 2019

Copy forwarded with Compliments for information to:-

- 1) The I/c Dean, Faculty of Humanities,
- 2) The Chairman, Board of Studies in Sanskrit, Pali and Prakrit,
- 3) The Director, Board of Examinations and Evaluation,
- 4) The Professor-cum-Director, Institute of Distance and Open Learning (IDOL),
- 5) The Director, Board of Students Development,
- 6) The Co-ordinator, University Computerization Centre,


(Dr. Vinod P. Patil)
I/c REGISTRAR

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AC 26/07/2019
Item No. 4.56**UNIVERSITY OF MUMBAI****Syllabus for Approval**

Sr. No.	Heading	Particulars
1	Title of the Course	Post Graduate Diploma Course in Mysticism
2	Eligibility for Admission	
3	Passing Marks	
4	Ordinances / Regulations (if any)	
5	No. of Years / Semesters	
6	Level	P.G. / U.G./ Diploma / Certificate (Strike out which is not applicable)
7	Pattern	Yearly / Semester (Strike out which is not applicable)
8	Status	New / Revised (Strike out which is not applicable)
9	To be implemented from Academic Year	From Academic Year 2019-20

Date:

Signature :

Chairman/ Chairperson : _____

Dean Faculty of Humanities : _____

AC- 26/07/2019
Item No.- 4.56

UNIVERSITY OF MUMBAI



Post Graduate Diploma Course in
Mysticism

(with effect from the academic year 2019-20)

Department of Sanskrit

University of Mumbai

Syllabus for the Post-graduate Diploma and Post-graduate Advanced Diploma Course in Mysticism

Post graduate Diploma Course in Mysticism (w.e.f. 2019-2020)

- 1) **Eligibility:** A candidate for being eligible for admission to the examination shall satisfy the following requirements
 - a)S/he must have passed the S.S.C examination conducted by the Maharashtra State Board of Secondary Education or any other equivalent board
- 2) Every student admitted to the course for the Diploma in Mysticism shall first register himself as such with the University
- 3) Duration: 3 hrs a week (once a week, I Academic year, Approx 90 hrs)
- 4) Fees: Rs. 3,000/- per student (for the whole/entire course) + Rs. 500/- examination fees for issuing mark-sheets and certificates etc

Preamble:

Bertrand Russell, a philosopher who cannot be suspected of sentimentality, or of soft-headedness, or of a bias in favour of mysticism, wrote in a famous essay as follows: The greatest men who have been philosophers have felt the need both of science and of mysticism (Russell: 1921). The union of Mystic and the man of Science inspires whatever is best in a human being. Greatest of poets saints like Dnyaneshvar, Mirabai, Kabir and poet laureates like Rabindranath Tagore, saintly thinkers like Sri Aurobindo, Gurudev Ranade have been Mystics.

These Mystic personalities have undoubtedly derived their inspiration from the Upanisads, Vedanta and Agamic traditions composed or encoded in Sanskrit. The metaphysical speculations regarding God, Atman and Brahman, Maya, embodied Soul i.e. the Jivataman have been thoroughly discussed in the Sanskrit sources, which have inspired the thought-processes of many a Mystic.

Apart from Sanskrit Indian traditions, mysticism has been a mode of practice in different cultures. The beatified saints in Christianity, the Sufi saints of Islam, Zen Buddhist tradition have embedded mysticism in their practices. Apart from

this, a variety of meditative techniques used for self-realisation have firm roots in Mysticism. One of the greatest role played by Mysticism is that, it has provided a Spiritual Background to the Renaissance and Reformist movements during the British Rule.

This course in Mysticism designed at two levels, throws light on Mystics as well as Mysticism theories of India and also of different cultures. The Diploma and Advanced Diploma courses offered by the Department of Sanskrit, University of Mumbai is one of its kind in India.

Syllabus Details:

Diploma in Mysticism

Paper I : Essentials of Mysticism

Topics:

- 1) Understanding Mysticism: Marks 25
 - a. Its definition and characteristics,
 - b. Principles of Mysticism,
 - c. Scope of Mysticism,
 - d. Mysticism and Language,
 - e. Symbolism in Mysticism

- 2) Sanskrit texts and Mysticism: Marks 25
 - a. Vedic ritual and Spiritual literature s
 - b. Special stress on
 - i. Upanishads;
 - ii. Bhagavadgita,
 - iii. Yogavasishta,
 - iv. Stotra and
 - v. Other Bhakti literature

- 3) Sufism: and Islam Marks 25
 - a. Personal Interpretation of Divine,
 - b. Concept of *fana*, (notion of oneself in the Divinity)
 - c. *dhikr* (Remembrance of God)
 - d. Different stages to achieve Mystical state

- 4) Mysticism in: Marks 25
 - a. Buddhist Tradition –
 - b. Jain Tradition –

Paper II: Multi-dimensional World and Mysticism

Topics:

- 1) Mysticism in the West: Marks 25
 - a. Mysticism in Greek thought –
 - i. Heraclitus,
 - ii. Parmenides,
 - iii. Plato
 - iv. Spinoza,
 - b. Metaphysical speculation;
 - c. Logical differentiation of Mystical experiences,
 - d. Christian Mysticism Mystics like following will be covered ;
Jewish mysticism and Kabbalah
 - i. St Teresa,
 - ii. Thomas Aquinas
 - iii. St John of the Cross
- 2) Mysticism and Psychology: Marks 25
 - a. Neurological Research
 - b. Morality
 - c. Visions and Voices,
 - d. Raptures,
 - e. Trances and
 - f. Hyper-emotionalism
- 3) Mysticism and Saint Literature: Marks 25
 - a. Compositions of Saint poets
 - i. Chakradharaswami,
 - ii. Varkari Saints,
 - iii. Alvars,
 - iv. Meerabai and

v. Kabir

- 4) Modern Indian Mystics: Marks 25
 - a. Ramakrishna Paramahansa,
 - b. Sri Aurobindo,
 - c. Gurudev Ranade

Paper-pattern**A. Paper I (Marks 100 Duration 3 hrs)**

(Out of six questions any four are to be attempted)

1. General Question on the Understanding of Mysticism---- Marks 25
2. General Question on Sanskrit Texts and Mysticism---- Marks 25
3. General Question on Sufism----- Marks 25
4. General Question on Mysticism and Buddhist and Jain traditions --- Marks 25
5. Critical notes on any two out of four topics prescribed for Paper I --- Marks 25
6. Critical notes on any two out of four topics prescribed for Paper I ---- Marks 25

B. Paper II (Marks 100 Duration 3 hours)

(Out of six questions, any four are to be attempted)

1. General question on Mysticism in the West---- Marks 25
2. General question on Mysticism and Psychology--- Marks 25
3. General Question on Mysticism and Saint Literature----- Marks 25
4. General Question on Modern Indian Mystics---- Marks 25
5. Critical notes on any two out of four topics prescribed for Paper II--- Marks 25
6. Critical notes on any two out of four topics prescribed for Paper II ---- Marks 25

Dissertation: Marks 50

Post-graduate Advanced Diploma Course in Mysticism (w.e.f. 2020-2021)

Paper I: Facets of Mysticism

1. Aspects of Mysticism: Marks 25
 - a. Mysticism and Religious Experience,
 - b. Nature-Mysticism,
 - c. Soul Mysticism and Intuitive Mysticism;
 - d. Extrovertive Mysticism and Introvertive Mysticism

2. Objective Reference and Mysticism: Marks 25
 - a. Trans-subjectivity,
 - b. Feeling of Objectivity,
 - c. Universal Self and Vacuum- Plenum,
 - d. Status of Universal Self,
 - e. Self-Realization

3. Mysticism and Social Reforms: Marks 25
 - a. Brahmo Samaj,
 - b. Prathana Samaj,
 - c. Theosophic Society etc

4. Mysticism and Contemporary Wellness therapies: Marks 25
 - a. Yoga,
 - b. Chakra,
 - c. Aura,
 - d. Reiki,
 - e. Colour,
 - f. Aroma etc

Paper II: Mystic Traditions

1. Mysticism and Architecture: Marks 25
 - a. Temple Art
 - b. Monastic Arts
 - c. Sculpture

2. Mysticism and Painting: Marks 25
 - a. Indian

- b. Western
 - c. Ancient to Contemporary
3. Mysticism and Dance and Music: Marks 25
- a. Samavedic tradition of Vedic chanting,
 - b. Role and effect of Svaras,
 - c. Indian Classical Dance
 - d. Indian Classical Music
4. Mysticism and Other Bhakti traditions: Marks 25
- a. Natha,
 - b. Vaishnava,
 - c. Shakta
 - d. Shaiva and
 - e. Other cults

Paper-pattern

A. Paper I (Marks 100 Duration 3 hrs)

(Out of six questions any four are to be attempted)

- 1. General Question on Aspects of Mysticism ---- Marks 25
- 1) General Question on Objective Reference and Mysticism ---- Marks 25
- 7. General Question on Mysticism and Social Reforms ----- Marks 25
- 8. General Question on Mysticism and Mysticism and Contemporary Wellness therapies --- Marks 25
- 9. Critical notes on any two out of four topics prescribed for Paper I --- Marks 25
- 10. Critical notes on any two out of four topics prescribed for Paper I ---- Marks 25

B. Paper II (Marks 100 Duration 3 hours)

(Out of six questions, any four are to be attempted)

- 7. General question on Mysticism and Architecture ---- Marks 25

8. General question on Mysticism and Painting --- Marks 25
9. General Question on Mysticism and Dance and Music ---- Marks 25
10. General Question on Mysticism and Other Bhakti traditions ---- Marks 25
11. Critical notes on any two out of four topics prescribed for Paper II---
Marks 25
12. Critical notes on any two out of four topics prescribed for Paper II ----
Marks 25

Dissertation: Marks 50