



DR. SATISHCHANDRA KUMAR

Head & Associate Professor

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Area of Research Interest:

- Organizational Stress, Health & Wellbeing,
- Employee Engagement
- Mindfulness,
- Entrepreneurship,
- Emotional Intelligence ,
- Preferences & Choices .
- Contribution of Indian Psychologist in Shaping the Profession of Psychology

Academic Qualifications :

- 1992 Ph.D. Industrial/Organizational Psychology , University of Mumbai
- 1987 M.A. Clinical Psychology , University of Mumbai
- 1985 B.A. Psychology , University of Mumbai

Books Edited and Published

- 1 Workplace Empowerment: A Study (2010) Excel Books, New Delhi.
- Some Outstanding Women of India (2006) St. Paul Press. Better Yourself Books. Bandra, Mumbai.
- 3 Beyond the Ordinary (2005) St. Paul Press; Better Yourself Books, Bandra, Mumbai
- 4 Enriching Lives (2004)

Academic & Professional Certification & Courses :

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| 2013 | Trained, Certified & Accredited as Fundamental, Interpersonal, Relationship , Orientation Behavior (FIRO-B) Practitioner |
| 2010 | Four Weeks Full Time Film Appreciation Course from Film & Television , Institute of India and National Film Archive of India, Pune |
| 2008 | Trained, Certified and Accredited as Myers and Briggs Type Indicator , (MBTI) Practitioner |
| 2008 | Coach and Supervisor of Enneagram: Trifold School of Enneagram Studies, California, USA. |
| 2007 | Certification in Enneagram Professional Training Programme , Trifold School of Enneagram Studies, Asheville, North Carolina (Including Enneagram Professional Training Programmes at Bristol, United Kingdom |
| 2007 | Enneagram Teacher in Narrative Tradition (Oral) for Skills in Panel Interviewing and Typing Interviewing for Human Transformation, Trifold School of Enneagram Studies, California, USA. |
| 1999 - 2005 | Basic and Advanced Courses, Laboratory on Human Process, and Special Laboratory Programme on Enhancing Leadership Competencies through Management Motivation, Indian Society for Applied Behavioral Science (ISABS), New Delhi |
| 2003 | Primary and Advanced Certificate in Rational Emotive Behavior Therapy , Albert Ellis Institute, New York, USA |
| 2002 | Postgraduate Trainer's Diploma Course in Personal Counseling , St. Xavier's College, Mumbai |
| 2001 | Diploma Course in Vipassana and Buddhist Studies, University of Mumbai |
| 1999 | Accredited user of Morrisby Profile (United Kingdom) Educational & Industrial Test Services Ltd. The Morrisby Organization, England (Reg no. 8/190374 dtd 22nd July 1999) |
| 1999 | Certificate Course in Personal Counselling , St. Xavier's College, Mumbai. |
| 1999 | Diploma in YOGA ,University of Mumbai, Mumbai. |
| 1998 | 7 Months ,Teacher's Training Course in Yoga , Santacruz Yoga Institute, Mumbai. |

Fellowships and Scholarships Awarded :

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| 2007 | Two-Year Senior Fellowship, Indian Council of Social Science Research (ICSSR), Ministry of HRD, New Delhi (Ref: F.No. 2-29/06-S/Fel, Dec 06,2007) |
| 2006 - 2007 | Scholarships to undergo Enneagram Professional Training Programme (Sections I and II) by The Trifold School for Enneagram Studies, Berkeley, USA in Bristol, UK, and Menlo Park, California |
| 2007 | Scholarship for Certification Week in Enneagram Professional Training Programme, Asheville, North Carolina, USA |
| 2003 | Summer Fellowship in Rational Emotive Behavior Therapy (REBT), Albert Ellis Institute New York : Completed the Primary and Advanced Training as a part of the fellowship. |

International & National Publications:
(Representative Few)

1. Kumar, S., Savani,K., Sanghai,A., Pochkhanawalla,S., Dhar, S., Ramaswami,A., Markus,H (2015) Indian Employees Attitudes toward Poaching. **Business Perspective and Research**, 3(2) 81-94 , Sage Publications, India
2. Bhalerao, H and Kumar, S (2015) Nonviolence at Workplace – Scale Development and Validation. **Business Perspectives and Research**, 3 (1) 36 – 51. Sage Publications, India.
3. Lega,L, Contreas, A.H., O’Kelly, M., Kumar, S., Alcid, L., Rodriguez, K (2014) Multi-cultural Adaptation of the O’Kelly Women Beliefs Scale to Samples in the US, India, Colombia, and Mexico. **Business Perspectives and Research**, 2 (2), 1 – 8.
4. Kumar, S (2013) Contribution of Swami Vivekananda for the propagation of yoga In the Modern age: A Psychological Perspective. **Morarji Desai National Institute of Yoga Publication, Ministry of Health and family welfare, Government of India**, New Delhi, 46 - 54
5. Locher, P, Lega, L, Contreas, and Kumar, S (2012) Women’s Irrational Beliefs about Traditional Female Stereotypes as a Function of Intergenerational Influences **Synergy**. Vol X No II 1 – 10.
6. Savani, K, Kumar, S., Naidu, NVR and Dweck, C.S (2011) Beliefs About Emotional Residue: The Idea That Emotions Leave a Trace in the Physical Environment. **Journal of Personality and Social Psychology**, 101, (4) 684-701.
7. Savani, K., Morris, M.W, Naidu,, NVR, Kumar, S and Berlia, N (2011) Cultural Conditioning: Understanding Interpersonal Accommodation in India and the U.S. in terms of the Modal Characteristics of Interpersonal Influence situations. **Journal of Personality and Social Psychology**, 100 (1) 84 – 102.
8. Kumar, S, Lega, L, Contreras, A,H, O’Kelley, M and Ramaswami, A (2010) Preliminary Factor Analysis of the O’Kelley Women’s Belief Scale in an Indian Sample. **Synergy**, Vol VIII No 1 – 7.
9. Sayeed, O.B and Kumar S (2010) Role, Work Perception and Stress in a High Reliability Work Environment. **Indian Journal of Industrial Relations**. 46 (2), 287 – 299.
10. Bhalerao, H.R and Kumar, S (2010) Non Violence at the Workplace: A Scale. **International Journal of Arts and Science**, 3 (19), 159 – 173.
11. Savani, K, Markus, H.R, Naidu, NVR, Kumar, S and Berlia N (2010) What counts as a Choice? US, Americans Are More Likely Than Indians to Construe Actions as Choices. **Psychological Science**, 21 (3), 391 – 398.
12. Prasad, A.B., Kumar, S and Ramaswami, A (2009) Cane And Able: Inclusion of the Differently-abled At The Work Place. **Udyog Pragati** (January-March, 2009), 33 (1), 1 – 14.
13. Kumar, S (2007) Enneagram: An Indian Experience. **Talk Journal**, Vol XV Number 1 Pg. 18 San Rafael, California, U.S.A .
14. Kumar, S., Ramaswami, A and Scott-Baumann, A (2006) Challenges that we face as Global Citizens. **Journal of the University of Mumbai Arts: Humanities and Social Sciences** 55 (1), 73 – 88, Sesquicentennial Issue, University of Mumbai, Mumbai.
15. Kumar, S., Sujir, N, Ramawami, A and Godbole, S (2005) Yoga and its relation to Emotional Intelligence: An Experimental Study: **Bombay Psychologist**, Vol. XX Nos 1 & 2, 25 – 43.
16. Kumar, S., Sayeed, O.B., Joshi, I and Rayakar, A (2005) Occupational Stress in Bureaucracy: Stress, Strain and Coping Strategies among I.A.S. Officers. **Udyog Pragati**. Vol 29 No 2; Pgs 1 – 9.
17. Kumar, S (2003) Ellis and Wonderland: Practical approach to healthy living - REBT. **Bombay Psychologist**. Vol. XIX No 1 & 2, 69 - 70
18. Sayeed, O.B and Kumar, S (2000) **Role Making Behaviour in Service and Control-Oriented Professions. Going Global: Leveraging Human Potential.**, pp 101 - 114. Edited by Reddy, Y.R.K., Rao, T.V., and Balaji, C. Tata-McGraw-Hill Publishing Company Limited, New Delhi.
19. Kumar, S and Murthy, S (1999) Stress, Strain and Coping Styles Among Woman Managers In Pestonjee, D. M., Pareek, U and Aggarwal, R Book **Studies in Stress and its Management**, 73 - 80, Oxford, IBH, New Delhi.
20. Prasad, A.B., Sharma, P., Dongre, D., and Kumar, S (1997) Work Motivating Factors for Indian Employees. **Bombay Psychologist**. Vol. XIV, No. 1 & 2, Pgs. 29 - 36.
21. Kumar, S., Iyengar, J., and Hirlekar, A (1997) Stress, Strain and Coping Styles among Airhostesses. **Udyog Pragati** (Jan - March, 1997) Pgs 30 - 35.
22. Dolke, A.M and Kumar, S (1996) Study of the Personality Profile of Indian Airhostesses. **Journal of Psychological Researches**, 40 (3), Pgs 118 - 125.
23. Kumar, S., and Kulkarni, R (1996) Stress, Strain and Coping Styles among Indian Commercial Pilots. **Udyog Pragati** (July - September, 1996) Special Issue on ‘ Human Resource Management’. Pgs 70 - 75.