

UNIVERSITY OF MUMBAI

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Marine Lines, Mumbai-20.
Email Id.- sports.mudept@gmail.com

No Sp./ 13 of 2019-20

Date: 19th August, 2019

CIRCULAR:

To,
The Principals of Colleges participating in
Inter-Collegiate Cross Country Races (M & W) 2019-20.

Sub: Inter-Collegiate Cross Country Races (M & W) 2019-20.

Sir / Madam,

The Principals of the Colleges participating in the Inter-Collegiate Cross Country Race for Men & Women are hereby informed that the Inter Collegiate Cross Country Races will be held on **Thursday, 29th August, 2019 at 6.30 am at Arts, Commerce & Science College, Lanja, Zapade Kante Road, At Post Lanja, Tal. Lanja, Dist.: Ratnagiri – 416 701**

Therefore, they are requested to inform the participating students from their colleges regarding the programme of the Cross Country Races and give the necessary instructions as detailed below:

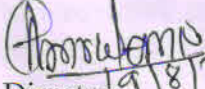
- 1) All the participating colleges will have to report at the venue by 6.30 P.M., on Wednesday 28th August, 2019 at Arts, Commerce & Science College, Lanja, Zapade Kante Road, At Post Lanja, Tal. Lanja, Dist.: Ratnagiri – 416 701 with their Sports Director/Prof. In-Charge to attend the team Manager's meeting.
- 2) **Medical fitness certificate is mandatory for all the Runners which should submit in manager's meeting.**
- 3) The Chest Numbers of the competitors and other details of the competition will be given in the team manager's meeting.
- 4) The Competitors will have to use shoes during the Competition.
- 5) The Organising College will provide unfurnished accommodation to the team members, therefore, the Team Managers and Competitors will have to carry their own bedding with them.
- 6) The expenses on the TA/DA of participants and the team manager will have to be borne by the respective colleges.

- 7) College Identity Card of current year is compulsory. Without college Identity card chest no will not be given. **No Spot Entry will be accepted.**
- 8) **10 Km Race both in Men & Women section with a maximum of 6 Athletes can participate. The first 04 Athletes performance will be taken into consideration for the team championship.**

Contact:

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Director, 19/8/2019

Sports & Physical Education