### UNIVERSITY OF MUMBAI No. UG/47 of 2015-16

#### CIRCULAR:-

The Head, University Department of Sanskrit, Pali and Prakrit and the Principals of the affiliated Colleges in Arts and the Heads of recognized Institutions concerned are hereby informed that the recommendation made by the Faculty of Arts at its meeting held on 20<sup>th</sup> February, 2015 has been accepted by the Academic Council at its meeting held on 26<sup>th</sup> February, 2015 vide item No. 4.54 and subsequently approved by the Management Council at its meeting held on 28<sup>th</sup> May, 2015 vide item No.16 and that in accordance therewith, in exercise of the powers conferred upon the Management Council under Section 54 (1) and 55 (1) of the Maharashtra Universities Act, 1994 and the Ordinances 6159 and 6160 and Regulations 8838, 8839 and 8840, 8841, 8842, 8843, and 8844 and the syllabus for the Part time one year Advance Diploma course in Buddhistic Studies Vipassana Theory & Practice (Based on Pali Literary Sources) has been introduced, which is available on the University's web site (www.mu.ac.in) and that the same has been brought into force with effect from the academic year 2015-16.

MUMBAI – 400 032 4 th August, 2015

REGISTRAR

To,

The Head, University Department of Sanskrit, Pali and Prakrit and the Principals of the affiliated Colleges in Arts and the Heads of recognized Institutions concerned.

### A.C/4.54/26.02.2015 M.C/16/28.05.2015

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No. UG/47 -A of 2015

MUMBAI-400 032

4<sup>th</sup> August, 2015

Copy forwarded with Compliments for information to:-

- 1) The Dean, faculty of Arts,
- 2) The Professor-cum-Director, Institute of Distance & Open Learning (IDOL)
- 3) The Director, Board of College and University Development,
- 4) The Co-Ordinator, University Computerization Centre,
- 5) The Controller of Examinations.

REGISTRAR

....PTO

Iron No 4.54

# **UNIVERSITY OF MUMBAI**



Department of Sanskrit, Pali and Prakrit

syllabus for the Buddhistic Studies Vipassana Theory & Practice (Based on Pali Literary Sources)

**Program: Buddhistic Studies** 

Course: Advanced Diploma

Part time one year

(with effect from the academic year 2015-16)

# 'BUDDHISTIC STUDIES - VIPASSANA THEORY & PRACTICE'

(Based on Pali Literary sources)
Part – Time One Year <u>Advanced Diploma</u> Course
From The Year 2015 onwards

### Ordinances and Regulations relating to the above course:

- O. 6159

  1. Title of the Course: BUDDHISTIC STUDIES VIPASSANA THEORY & PRACTICE'
  (Based on Pali Literary sources)

  2. Eligibility: A candidate for being eligible for admission to the course must have passed
- matriculation, (Std. X) of the Maharashtra State Board of Secondary Education, Pune, or H.S.C. (std. XII) that is should be 12<sup>th</sup> pass.
- 3. Duration for the course: It shall be a part-time course and its duration shall be one academic year i.e. June April.
- 4. Scheme of Papers:

  Paper I Theory (100 Marks) HISTORY AND PHILOSOPHY OF TEACHING OF THE

# Paper - II— Theory (100 Marks) - VIPASSANA THEORY AND PRACTICE

- 5. Examination Eligibility: A candidate for being eligible for admission to the examination shall satisfy the following requirements:
  - 5.1. He/She shall have attended the course of instruction and practice sessions for at least three-fourths of the total number of hours during each term.
    5.2. Diploma in Buddhistic Studies Vipassana Theory & Practice is compulsory condition
  - for admission to Advanced Diploma in Buddhistic Studies Vipassana Theory & Practice.

    5.3. One Ten day Vipassanā course at any Vipassanā centre acknowledged by Vipassanā Research Institute is compulsory condition for eligibility for appearing in final examination.

# R -884 | 6. Exam Structure:

- **6.1.** Paper I is a theory paper on teachings of the Buddha and his philosophy for which examinations of 100 marks will be conducted.
- 6.2. Paper II is a theory paper on Vipassana theory & practice for which an examination of 100 marks will be conducted.

R - 8842 7. Fee Structure:

7.1. The fee prescribed for registration shall be Rs. 100/-

7.2. The fee prescribed as tuition fee per annum shall be Rs. 2000/-

7.3. Examination fee prescribed shall be Rs 700/-

The exam fees would be retained by the Institute for conducting examination and issuing certificates.

-8843 8. Passing Criteria: Minimum marks for passing is 40% in each theory paper

R=8844

9. Qualification for Teachers:

9.1. Postgraduates in Pali & Buddhistic Studies

9.2. Authorised Teachers / Old Meditators Of Vipassana Meditation

10. Lectures structure: Once a week for 4 Hours

Paper I — History And Philosophy Of Teaching Of The Buddha Total Marks: 100

### UNIT I: Pali Language & Literature - Analytical Study

- Introduction to Pali as a language- (vowel, consonant, joint letters etc)
- · Tipitaka and its various classifications
- · Critical Analysis of Pali Canonical Literature
- Historical Buddhist Councils as per Theravada tradition (4th, 5th & 6th Theravada councils)
- Famous commentators
- Vamsa literature

# UNIT II: Rupa Kaya & Dhamma Kaya of the Buddha as depicted in Tipitaka

- Rupa-Kaya of the Buddha Physical attributes of the Buddha mahapurisa lakkhana
- DhammaKaya of the Buddha- imbibement of Dhamma by the Buddha
- Types of Buddha
- Terminology Deva, Brahma, Bhagava

### UNIT III: Historical Aspects (selected few)

- Influence of Jataka tales on Ajanta painitings
- Buddha's Dhamma in the light of Asokan Inscription.
- Origin & development of Buddhist Architecture with special reference to vihara, cetiya gruha, stupa etc
- History of Theravada Buddhism from king Asoka till King Milinda

- Bhavanamaya Panna
- Fruits of sanctification
- · Development of Karuna, Mudita, Upekkha

# UNIT IV: Practical application of Vipassana as found in different fields (selected few)

- Vipassana & Psychology
- Influence of Vipassana on Architecture
- Vipassana & Prison
- · Vipassana & Interpersonal relationship
- Vipassana & Tourism
- Vipassana & World Peace

#### **BOOKS FOR REFERENCES** –

- 1. The Discourse Summaries S.N. Goenka, V.R.I. Publication
- 2. Pravachan Saransh V.R.I. Publication
- 3. Sayagyi U Ba Khin Journal, V.R.I. Publication
- 4. The Manuals of Dhamma Ledi Sayadaw, V.R.I. Publication
- 5. Pali sahitya ka itihasa- Rahula Sankrityayan
- 6. Pali sahityana ka itihasa- Dharmarakkhita
- 7. Pali sahitya ka itihasa- Bharatsingh Upadhyaya
- 8. History of Pali literature B. C. Law
- 9. The Essence of Tipitaka U Ko lay
- 10. Gotama the Buddha: His Life and His Teaching V.R.I. Publication
- Tipitaka Mein Samyaka Sambuddha Vol 1 S. N. Goenka, V.R.I. Publication
- Tipitaka Mein Samyaka Sambuddha Vol 2 S. N. Goenka, V.R.I. Publication
- 13. Asoka ke Shilalekha V.R.I. Publication
- 14. 2500 years of Buddhism P. V. Bapat
- 15. Buddhist India Rhys Davids
- Mahasatipatthana Sutta In Hindi/English/Marathi S.N. Goenka, V.R.I. Publication
- 17. Dharma Its True Nature- S.N. Goenka, V.R.I. Publication

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		Paper pattern	1
		Paper I	
		Section - I (Unit I & II)	
Q.1.	General Question	(any 1 out of 2)	(12)
Q.2.	General Question	(any 1 out of 2)	(12)
Q.3.	General Question	(any 1 out of 2)	(12)
Q.4.	Short Notes (any 2	(14)	
		í	
		Section - II (Unit III & IV)	
Q.5.	General Question	(any 1 out of 2)	(12)
Q.6.	General Question	(any 1 out of 2)	(12)
Q.7.	General Question	(any 1 out of 2)	(12)
Q.8.	Short Notes (any 2	(14)	
		Paper II	
		Section - I (Unit I & II)	
Q.1.	General Question	(any 1 out of 2)	(12)
Q.2.	General Question	(any 1 out of 2)	(12)
Q.3.	General Question	(any 1 out of 2)	(12)
Q.4.	Short Notes (any 2	out of 3)	(14)
		Section - II (Unit III & IV)	
Q.5.	General Question	(any 1 out of 2)	(12)
Q.6.	General Question	(any 1 out of 2)	(12)
Q.7.	General Question	(any 1 out of 2)	(12)
Q.8.	Short Notes (any 2 out of 3)		

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