UNIVERSITY OF MUMBAI

No. UG/41 of 2016-17 Mumbai-400032 5th August, 2016

The Principal,
College of Social Work,
Nirmala Niketan,
38, New Marine Line,
MUMBAI – 400 020.

Madam,

I am to invite your attention to the Ordinances, Regulations and Syllabi relating to the Master of Social Work (MSW) degree course and you are hereby informed you that the recommendation made by Ad-hoc Board of Studies in Arts at its meeting held on 19th May, 2016. and accepted by the Academic Council at its meeting held on 23rd May, 2016 <u>vide</u> item No. 4.6 and that in accordance therewith, the revised syllabus as per Choice Based Grading System for Master of Social Work (MSW), (Sem. I & II), which is available on the University's web site (www.mu.ac.in) and that the same has been brought into force with effect from the academic year 2016-17.

Yours faithfully,

(Dr.M.A.Khan) REGISTRAR

A.C/4.6/23/05/2015

No. UG/41 -A of 2016

MUMBAI-400 032

5th August, 2016

Copy forwarded with compliments to the Chairperson, Board of Studies of Social Work, for information.

(Dr.M.A.Khan) REGISTRAR

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UNIVERSITY OF MUMBAI



Ordinances, Regulations and Syllabus

For

Master of Social Work

(Choice Based Credit Systemwith effect from the academic year 2016-2017)

Introduction

The vision of the Master of Social Work (MSW) programme is to build a cadre of committed grassroots level development and professional social workers who would be fully equipped to respond to the changing global and local socio-economic realities. The programme, developed on a liberal arts paradigm enables students to use the full range of tools, theories and perspectives to understand, recognize, critique and appreciate themselves and their role in the globally dynamic environment. The district method of instruction (comprising andragogic and participatory teaching learning exercises) sets the tone for this strong foundation and helps the students to develop diverse, experiential, and practical knowledge.

The graduates having been grounded in liberal arts and generalist social work perspectives can be employed in the government, NGOs, Social Movements, Hospitals, Social Enterprises, Cooperatives, International Development Agencies and CSR Projects, in capacities such as Community Organisers, Program Officers, Social Planners, Development Facilitators, and Social Welfare Administrators.

Programme Objectives

The objectives of the MSW programme are as follows:

- To create critical understanding of social realities reflecting its changing nature and participate in the dynamics of change
- To orient students on diverse population, their issues and social justice stance for social work practice
- To equip the students with skills to work with different groups and communities using social work practice methods and strategies
- To inculcate professional values and ethics that guide social work graduates in professional practice

Competencies Developed by the End of the Programme

- Critical thinking
- Professional use of self
- Understanding the forms and mechanisms of oppression and discrimination and the strategies
 of change that advance social and economic justice.
- Understanding the history of the social work profession and its current structures and issues.
- Applying the knowledge and skills of generalist social work to practice.
- Applying knowledge of bio-psycho-social theoretical frameworks to understand the interactions among individuals and between individuals and society
- Analysing the impact of social policies on individuals, groups and communities.
- Acumen for scientific research studies and integrating research findings to practice
- Using communication skills differentially with a variety of stakeholders

Master of Social Work Syllabus Under The Choice Based Credit System(2016-2017

Semes	Core	Core Course	No	Elective courses	Optional	Online
ter	number	2012 200100	of		courses	courses
			credi			
			ts			
I	C1 History		4			
		,philosophy				
		and practice of				
		social work				
	C2	Work with	4			
		individuals and				
		families				
	C3	Social welfare	4			
		and				
		development				
	C1	administration	4			
	C4	Community	4			
	C5	organisation Introduction to	4			
	C5	Introduction to	4			
		social sciences				
	Core		4			
	course	Fieldwork(practical	4			
	practica	component				
	l's	related to core				
	1 3	subjects)				
	Total	sacjects)	24			
II	C6	Research	4			
		methodology				
	C7	Contemporary	4			
		Social				
		movements				
	C8	Work with	4			
		groups				
	C9	Social policy	4			
		and planning				
	C10	Introduction to	4			
		social sciences				
	~	-2				
	Core	Fieldwork(prac	4			
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	Total	subjects)	24		+	
	Total		<i>∠</i> +			
III				Elective -1(6		
111				credits)		
				Choose any one		
				i)Informal Sector		
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			Practicum(6 credits)	sensitisation	Managemen

			ii)Field work practicum(6 credits)	ii)Disability iii) mental health	t of Non profit organisation
				Optional Choices - 2(6 credits) i.Legal literacy ii.Working with Elderly iii.Disaster managemen t	iii. Sexual harassment at work place iv. ethics in in social work
Total credit s			12	12	
Overa ll total credit s	48	24	12	12	

24 credits =400 marks

Ten point Grading System

The course of study for the degree of Master of Social work shall be full time and its duration shall be four semesters extending over a period of two academic years. Each academic year shall be divided into two semesters, coinciding with the two terms as announced by the University of Mumbai for every academic year.

The Examination for the degree of Master of Social Work shall be held in four parts, at the end of semesters I, II, III, IV. The examinations of all the semesters will be conducted by the University.

A student who is declared to have passed in the I, II,III, IV semesters examinations **will** be allowed to reappear for the same examinations with a view to improving the results, as per MU circular.

The degree of Master of Social Work shall not be conferred upon a candidate unless the candidate has passed in all the papers and in field work prescribed for the four semesters' examinations in accordance with the provision of the Regulations 6050 and 6051.

Except in Field Work Practicum, there shall be in each paper, in each semester, an internal assessment for 40 per cent of the full marks assigned to the paper, and a semester end examination for the remaining 60 per cent of the full marks to be held at theend of each semester.

The field work in each of the four semester will be for 100 marks. In semester 1 and 3 the entire hundred marks will be assigned by the faculty advisor. In the 2nd and 4th semester the field work will of 100 marks. The assessment for the 60 marks will be done by the faculty advisor and the assessment for the 40 percent marks will be through external viva voca exam

All theory papers of four credits will have a Semester end examinations for 60 marks with three hours duration.

The internal assessment is for 40 marks per paper. The internal assessment for a course will be based on the written assignments or projects and one class test carrying 30 marks and 10 marks will be for active class participation, and overall conduct based on the presence and the participation of the learner during lectures

The following question paper pattern will be followed for the semester end examination of semesters I, II, III, IV: The question paper will have questions from all units. There will be essay type questions with internal choice, and one short notes question with fifty percent choice.

A candidate for being eligible to appear for the semester end examinations should have satisfactorily completed the internal assessment and kept 75 percent of attendance in aggregate as per university circular issued from time to time.

Semester -I

Core courses

C 1 History, Philosophy, and Practice of Social work (4 Credits)

Course Objectives:

Enable students to:

- Develop understanding of the historical development of social work, the major philosophies that influence social lives of people, and the perspectives underlying the practice of social work
- To recognize the importance of internalizing values and ethics in the practice of the profession.
- Develop ability to connect interventions to the theoretical perspectives of practice.
- Appreciate the challenges emerging from local and global influence on practice.

Unit 1.	Introduction to Social Work as a profession.
	Its philosophical value postulates and principles
	 Attributes of a Profession and Social Work as a Profession
	Definition of Social Work - Philosophical value framework and principles
	of social work profession.
	 History of Social Welfare and Development of Social Work;
	 Social Vision of Modern Social Reformers: Mahatma Phule Dr. B.R.
	Ambedkar Swami Vivekanand Mahatma Gandhi
Unit 2.	Western Social Philosophies
	 Individualistic Liberalism and its Social Doctrine, its socioeconomic
	manifestation i.e. capitalism and the emerging Social Question.
	Marxian Social Philosophy: Dialectic Materialism, Historical Materialism,
	Class Struggle and Establishment of Classless Society.
	Secular Humanism.
	 Post Modernism and Cultural relativism.
Unit 3.	Theories of Ethics and Ethical Issues in Social Work:
	 Lawrence Kohlberg's Stages of Moral Development
	 Levels of Moral Development and Corresponding Social Orientations.
	William Lowhead's Levels of Ethical Objectivism and Nature of
	Morality.
	Ethical Egoism
	 Utilitarianism, Kantian Ethics, Virtue Ethic.
	 Importance and Functions of Code of Ethics for Social Workers
	Best Ethical Practices with reference to responsibilities towards Self,

	Society, Co-workers, Profession, People in Need, Employing
	Organizations and Social Research.
Unit 4	Evolution of Integrated practice
	The Ecological model of integrated practice
	 Significance of the four practice systems for analysis and intervention.
	The Integrated Approach to Problem Solving
	 Human rights perspective in the context of understanding Global Social Work
	The generalist and specialist approach to practice.
	Critique of the integrated approach to social work.
Unit 5	Critical Social Work
	 Evolution, concept and principles.
	 Radical, feminist and post- modern perspectives of Social Work.
	 Similarities and differences between radical social work and critical social work.
	Multiculturalism in Social work practice
Unit 6	International Social Work
	• Changing Role of Social Work profession in the context of neo-liberalism
	• Self- reflexivity and value based concern with structural inequalities.
	Evidence- based practice

Amaladas Anand, Raj Sabasti, Elampassery Jose (1986) Philosophy of Human Development, Satya Nilayam Publication, Chennai.

Anthony Elliott (ed) (1999) Contemporary Social Theory, Blackwell Publishers Ltd., Oxford, U.K.

Armando T. Morales, Bradford W. Sheafor (1995) Social Work: A Profession of many faces; Allyn and Becon, Massachusetts.

Bastiaan Wielenga (1984) Introduction to Marxism, Centre for Social Action, Banglore.

Butrym Zofia T. (1976) The Nature of Social Work; The Macmillan Press Ltd., London.

Desrochers John; Development Debate Centre for Social Action, Bangalore.

Dominelli Lena (2004) Social Work; Polite Press, Cambridge, U.K.

Dubois Brenda, Miley Karla (1999) Social Work – An empowering Profession; Allyan and Bacon, London.

Joseph Josantony, Fernandes Gracy (2006) An Enquiry into Ethical Dilemmas in Social Work; College of Social Work, Nirmala Niketan, Mumbai – 400 020.

Karen K. Kirst – Ashman (2003) Introduction to Social Work and Social Welfare, Thomson Learning INC CA – USA.

Leon H. Ginsberg (2001) Careers in Social Work – Allyn and Becon, Massachusetts. Malcom Payne (1996) What is Professional Social Work, Venture Press, Birmingham.

Nigel Horner (2003) What is Social Work? Learning Matters Ltd., Eveter 33, Southern Bay East.

Nitin Batra (2004) Dynamics of Social Work in India, Raj Publishing House, Jaipur - 302 004.

Papalia Diane, E. Olds Wendkos Sally, Feldman Duskin Ruth (2007) Human Development Tata McGraw Hill Publishing Company, New Delhi.

Smart Ninian (1989) The World's Religions, Cambridge University Press, Cambridge.

SinghKaran (ed) (1983) Religions of India, Clarion Books, Delhi.

Terry Mizrahi, Larry E. Davis (2008) Encyclopedia of Social Work (20th Edition), Oxford University Press, New York.

Upadhay Ashok K (1999 John Rawls – Concept of Justice, Rawat Publications, Jaipur Viviene Cree and Steve Myers (2009) Social Work: Making a Difference, Rawat Publications, Jaipur.

William Lawhead (2000) The Philosophical Journey; Mountain View, C. A. Mayfield.

Fook J. (2002). Social Work - Critical Theory and Practice; Sage Publications, New Delhi, 2002

Gray M. & Webb S. (2010) International Social Work Volume I: Welfare Theory & Approaches: Sage Publications, London.

Hepworth D., Rooney R. & Larsen J (1990) Direct Social Work Practice: Theory & Skills; Wadsworth Publications; California.

Miley K., O' Melia M. & Oubois B. Generalist Social Work Practice, An Empowering Approach; Allyn & Bacon, Boston; 199

O' Neil Maria Joan (1984) The General Method of Social Work Practice; Prentice Hall, New Jersey.

Pincus A. & Minhan A. Social Work Practice: Model & Method; F.E.Peacock Publishers Inc.; Itasca 1973

C 2Work with Individuals and Families (4 credits)

Course Objectives:

Enable students to

- Acquire knowledge of work with individuals and families as a method in social work practice.
- Acquire knowledge of different intervention models and develop skills to utilize them Selectively
- Enable students to develop self awareness in the process of acquiring professional competence

Unit	Content
1.	Historical development of Direct Practice and Concepts
	 Concepts and Definitions of work with individuals and families.
	 Core values and principles of work with Individuals and families
2	Understanding families in the Indian context
	 Type of families
	 Stages of development with reference to Indianfamilies
	 Concept of social role and communication in the family
	 Understanding the Family as a system.
	Social support systems
3	Skills of work with individuals and families
	 Intake; interviewing; home-visits; joint interview; multiple client

	Interview		
	• Study; assessment; intervention; evaluation; termination; follow up		
	 Recording skills-: Process; Summary; Block summary 		
	Uses of records		
	 Use of relationships; transference; countertransference; 		
	communicationskills		
4	Intervention Techniques		
	 Supportive techniques; reflective techniques; 		
	Logical discussion		
	Environmental modification		
5	Models of Intervention		
	 Crisis Intervention: Historical origins; classification of crisis events; 		
	disasters and impact on individuals and families; dealing with death,		
	grief, loss		
	Planned short term model		
	Task centred Model		
	Integrative Intervention Model		
	Evidence Based practice model		
	Strengths based model		
6	Intervention in different settings		
	 Intervention with people with disability; people affected and infected 		
	byHIV		
	Chronically and terminally ill patients		
	Women facing violence in families		
	Children facing abuse; substance abusers.		

Coulshed, Veronica.(1988). Social work Practice. Basicstroke:Macmillan

Hamilton, Gordon (1970) The New York School of Social Work: Theory and Practice of Social Case Work, New York and London: Columbia University Press

Hepworth, Dean.H., Rooney, Ronald, H., & Larson, Jo Ann. (2002). Direct Social Work Practice. Theory

and Skills. USA: Brooks/Cole Publishing House

Hollis, Florence and Woods, Mary E. (1981) Casework – A Psychosoical Therapy, New York: Fandom House

Mathew Grace (1992) An Introduction to Social Case Work, Bombay : Tata Institute of Social Sciences

Parad, H.J.(ed).(1965). Crisis Intervention: Selected Readings. New York: Family Service Association of America

Payne, M.(1991). Modern Social Work Theory: A Critical Introduction. Chicago IL: Lyceum. Reid, W., & Shyne, A.(1969). Brief and Extended Casework. New York: Columbia University Press.

Shulman,L.(1992). The Skills of Helping Individuals , Families and Groups. Boston: BostonUniversity Press

Skidmore, Rex, Thackeray, Milton, O. Wiliam, Farley (1983) Introduction to Social Work, New Jersey:

Prentice Hall

Course Objectives:

Enable Students to

- Develop a historical understanding of the concept of Social Welfare with specific reference to India.
- Develop a critical understanding of the role played by the Government and the Voluntary sector in reaching out to vulnerable groups in the country and understanding the role of Public Private partnerships.
- Understand the agencies/institutions of the government and the voluntary sector responsible for the delivery of welfare services and in bringing development to the people.

Unit	Topics
1.	Social Welfare :
1.	• Concept and Definition of Social Welfare,
	History of Social Welfare with special reference to India
	 Functions of Social Welfare Administration(POSCORBD)
2.	Structure of Social Welfare Administration:
	Structural Arrangements for Social Welfare in India (Centre) &
	Maharashtra (State).
3.	Social Welfare, Government Programmes and Schemes:
	Government Programmes & Schemes for Welfare with specific reference
	to SC/STs BCs/ Differently abled.
	 National Commissions for SCs. Minorities, Safai Karmacharis.
4.	Social Welfare , Voluntary Effort :
	History,
	 Nature of work in the Voluntary sector,
	Government-NGO Interface,
	PublicPrivate Partnership.
	Alliance Building
5.	Governance of Voluntary Organizations:
	Registration of Organizations.
	 NGO Governance - Role of Trustees, Board of Directors –
	Legal compliances.
	 Accountability and Transparency.
	Writing Project proposals
6.	Development Administration—
	 Concept& Evolution of Development Administration in India.
	 Local Self Govt. – Urban (Municipal Council/ Corporation) Rural –
	Panchayati Raj Insttitutions.
	 Main features of the 73rd & 74th Constitutional Amendments

- Abraham, Anita. (2003) Formation & Management of Non-Govt. Organizations, Universal Law Publishing Co. N. Delhi
- Choudhary, Paul. Social Welfare Administration.
- Credibility Alliance: Norms for Enhancing Credibility in the Voluntary Sector. July 2006. Mumbai.
- Encyclopedia of Social Welfare (2008). Social Work Education: Social Welfare Policy
- Jain A. & Unni, S.Seth Development Administration. Publishers Pvt. Ltd. Mumbai 2000 Chp. 1
- The Constitution of India. Seventh Schedule. Bakshi PM Universal Law Publishing Coop. Pvt. Ltd. 2007. pps. 362-370
- Louise C. Johnson & Charles L. Shwartz. Social Welfare: A Response to Human Need.
- Nagendra, Shilaja. (2007). Voluntary organizations & Social Work., Oxfoord Book Co.
- Sachdeva, D.R. (2003) Social Welfare Administration in India. (4th Edition)
- Social Work Administration & Development. Bhattacharya, Sanjay. Rawat Publicatioons, Mumbai.2000.
- The People's Movement. Vol. 1, No. 6 Nov. Dec. 2004. News. Magazine of the National Alliance of People's Movements.
- Commentary on the Mumbai Municipal Corporation Act, 1888 III of 1888 as Amended by the Mumbai Municipal Corporation Act 43 of 2000.

C 4 Community Organisation (4 credits)

Course Objectives

- Understand the concept of community in the Indian and western context.
- Develop skills of community problem analysis and problem solving
- Appreciate the significance of a participatory approach to community intervention.
- Understand approaches and ideologies of community organisation in the context of relevant philosophies.
- Develop skills of critical analysis to understand problems of discrimination and oppression in communities.
- Appreciate the significance of a rights- based approach to community work.

Unit	Topic
no	
1	Conceptualising and contextualising community organisation
	 Definitions and understanding of communities
	Evolution of community practice in the western countries and India
	 Understanding rural communities in the context of composition, caste,
	economy

	• Understa	anding the urban slum communities in the context of urbanisation			
2.	Organising proc	ess in the community			
		nity mapping techniques			
	Understa	anding conflicts and power dynamics in the communities			
	• Caste,Cl	ass, Gender and vulnerabilities in the communities			
	• The com	munity problem solving process			
3	People centred p	People centred processes in the community			
	• Significa organisa	ance and value of people –centred process in community tion			
	_	anding the meaning, dimensions and levels of community			
		people's organisations for sustainable communities			
4.		logies and perspectives influencing community organisation			
		elopment perspective			
		social work perspective			
		ern perspective			
	• Critical s	social work perspective			
5		Western models of organising communities			
		n's community organisation model			
	Paulo Fr	eire and conscientization.			
	Saul Alin	nsky and organised mass action			
6.		Contemporary models of organising in Indian context			
	Gandhia	Gandhian approach to organising people			
	Mahatma Phule approach to address subaltern communities				
	Dr Ambedkar's approach to address subaltern communities				
	Reading list				
1.	Blokland Talja	Linhan Banda t Dality Dross & Blackwall Dublishing Ltd			
	, and the second	Urban Bonds: Polity Press & Blackwell Publishing Ltd. Cambridge, UK; 2003			
2.	Jodhka Surind	Communities & Identities; Sage Publication; 2002			
	er (ed.)				
3.	Munshi Indira	Adivasi life stories-Contexts, constraints, choices Rawat publications			
4.	Payne, Malcol m	The Origins of Social Work: Continuity and Change: Palgrave Macmillan Ltd., 2005			
5.	R. Kramer and	Readings in community organisation practice			
5.	R. Kramer and H.Specht(ed)	Readings in community organisation practice Gandhi Peace Foundation			
5. 6.	R. Kramer and H.Specht(ed) Well Marie	Gandhi Peace Foundation Community Practice: Conceptual models, Routledge: 1997			

7.	Well Marie	Community Practice :Conceptual models ,Routledge:1997
	(ed)	
8.	Adams	Critical Practice in social work:Palgrave Macmillan and
	R,DominelliL,	Company:
	Payne M	London:1978
9.	Alinsky Saul	Rules for Radicals ,Vintage Books Edition,1972
10	Freire Paulo	The Pedogogy of the oppressed :Penguin Books ,Uk,1996

C 5 Introduction to Social Sciences-I (4 credits)

A. Sociology

Objectives:

To enable students to:

- Understand basic sociological concepts and theories
 Understand the processes of social change in India through relevant theories

Unit	Content		
no	Content		
1	Sociology as a Social Science		
	Definition		
	Development of sociology		
	Scope and significance		
	Relevance to social work practice		
	Basic Concepts		
	Society		
	Social institutions		
	Social systems		
	Social structures		
	Social stratification		
	Social mobility		
	Social control		
2	Major TheoreticalPerspectives		
	Functionalist perspective		
	Conflict perspective		
	• Interactionist perspective		
	• Positivism		
3	Culture and Socialization		
	Culture: Concepts, functions, characteristics		
	Dimensions of culture: Cognitive, normative, material		
	Socialization: Process, functions, agents, problems of		
	faulty socialization		
	Social Processes		
	 Meaning and kinds of social interaction 		

- Cooperation, competition, conflict, accommodation and assimilation
- Concept and theories of social change; factors affecting social change
- Western theories of social change: Evolutionary theory, cyclical theory, conflict theory
- Theories of social change in India: Sanskritization, Westernization, Modernization, Secularization

- 1. Beteile, A. (2002). Sociology. New Delhi: Oxford.
- 2. Shankar Rao, C.N. (2005). Sociology. New Delhi: S. Chand and Company Ltd.
- 3. Sharan, Raka (1991). A Handbook of Sociology. New Delhi: Anmol Publications.
- 4. Srinivas, M.N. (1991). *Indian Social Structure*. New Delhi: Hindustan Publishing House.

C 5 B: Human Growth & Behaviour

Objectives

Enable students to:

- 1. Develop an overall understanding of the nature of Human Behaviour and factors that influence Human Behaviour
- 2. Acquire knowledge and holistic understanding of the various schools of thought on Human

Behaviour

- 3. Understand the development of growth and behavior at various stages in the life span
- 4. Apply the knowledge of human growth and development in Social Work Practice

Unit	Content
I.	Introduction to Psychologyand Basic Psychological Concepts
	 Definition, goals, sub fields of psychology
	Role of Heredity and Environment
	 Understanding Psychology and Life Span Approach from an
	Indian perspective and its relevance to Social Work profession.
	 Perception, Emotion, Motivation, Cognition, Learning &Intelligence.
	Attitudes, Prejudice, Stereotypes
	 Aggression, Mass BehaviorFrustration, Conflict, Stress
	Altruism, Values
2	Personality Theories
	Psychoanalytical theory
	 Psycho-social theory of development,
	Behavioristic theory ,
	Humanistic theory
3	Life Span Approach to development
	a. Pre-natal Stage
	b. Childhood
	c. Adolescence, Adulthood and Aging
	 Physical, social, cognitive development, needs, changes and tasks.

1. Changes in the Family and Process of Socialization in India, Anthony, E.J. & Colette, C.(Eds). The

Child in his Family, Wiley, 365-374, M.S. Gore, 1978

- 2. Child Development, Eleventh Edition, John W. Santrock, Tata McGraw Hill, New Delhi, 2007
- 3. Developmental Psychology, Childhood and Adolescence, David R Shaffer, Fifth Edition Brook/Cole publishing Co, 1999
- 4. Human Development, Ninth Edition, Diane E Papalia, Sally Wendkos Olds, Ruth Duskin Feildman,

Tata Mcgraw Hill, 2004

5. Life-Span Human Development Sigelman C,Shaffer D R, Second Edition, Brooks/Cole Publishing,

1995Images of the Life Cycle and Adulthood in India in Anthony, E.G and Colette. (Eds). The

Child in his Family, Wiley, 319-332, Sudhir Kakar, 1978

- 6. Indian Childhood, Cultural Ideals and Social Reality, S. Kakar, Delhi, Oxford University Press, 1979
- 7. Introduction to Psychology, Clifford Morgan, King, Weinz & Schopler, Seventh Edition, New Delhi

Tata MCgraw Hill Publishing Co Ltd, 1986

- 8. Interpreting Personality Theories, Bishop Ledford, Harper Row Publishers, New York, 1979
- 9. Personality & Personal Growth, Frager & Friedman, Harper Row Publishers, New York, 1985
- 10. Social Psychology, Yaylor Shelley E, Pearson, 2006
- 11. Social Psychology, Palwal Suprithy, RBSA Publishers, 2002
- 12. Understanding Child Behavior Disorders, Fourth Edition, Donna M Gelfand, Clifford J Drew.

Thomson, Wadsworth, 2003

13. Understanding Psychology, Robert S Feldman, Tata Mcgraw Hill Publishing Co Ltd, 2004

C 6 Core course Practicals (Field work) (4 Credits)

FIELD WORK

Hours: 180 hours in each semester

Marks: 100 in each semester

Field Work is an essential component of the Social Work curriculum. It serves as a laboratory where the students learn to integrate their classroom learning with field experiences/reality.

The overall objectives for Field Work are as follows...

• Develop analytical ability to understand various dimensions of problems/issues and approaches to

problem solving.

• Develop an integrated approach to social work practice.

• Develop specific skills for intervention at the micro level (individual, family, group and

community) and at the macro level (social systems and institutions)

• Develop professional attitudes utilizing principles and values of social work.

Expectations from students in field work are worked out for Semester II and Semester IV.

Students are expected to work towards these expectations (outcome goals) in Semester I and

Semester III.

EachSemester is allotted 100 marks for field work. Students are expected to put in 15

hours of field work per week (180 hours in the semester).

Given below are the Outcome Goals for Semesters I& II

Outcome Goals

I. ANALYTICAL ABILITY - (30 Marks)

Outcome Goal

The student acquires knowledge about the agency, it's philosophy goals administrative

structure and

services, as well as the dynamics therein. The student is able to understand his/her role vis a

vis the

agency goals and plan tasks within this context. The student also develops an understanding

of the client system and the problem situation and is able to relate it to the theory taught in

class.

The student acquires the ability to reflect in her/his recordings the link between theory and

practice.

Indicators

• With the help of the instructor, understands the agency. Its goals, objectives and strategies

of

work. Able to collect information from different sources and write a report on these at the end of

the first semester.

- Is able to identify causes and effect of the problem situation as well as record the same in different reports. Identify and profile the client system through home visits and surveys .
- With the help of the instructor, is able to plan and implement group tasks.
- By the end of the semester is able to independently identify future areas of work and indicate a

relevant action plan.

- Understands the roles of the agency personnel and his/her own tasks.
- Is able to write basic reports and articles in relation to work done.

II. PROBLEM SOLVING SKILLS - (30 Marks)

Outcome Goal

The student acquires direct intervention skills, communication skills and administrative and recording

skills for problem solving.

Indicators

- Understands and identifies simple intervention strategies in relation to the problem situation.
- Understands and responds to problems of individuals, families and groups.
- Able to develop working relationship with the agency, client system, staff, colleagues and others in the field.
- By the end of the semester, is able to develop expertise in a specific area & mobilize/ resources required in the problem solving process.
- Writes recordings which are process oriented and reflective, with analysis in relation to the dynamics of the problems situation / and indicates ability to relate Theory to Practice.
- Able to suggest appropriate strategies / plan for intervention.
- Plans and implements programmes / and sessions for specific target groups.
- Understands and utilizes effective and appropriate IEC material while communicating with different groups.

- Understands and participates in liaisoning with other organizations and networking on common issues.
- Able to identify areas for research, conduct simple surveys, document and present reports.

III. PROFESSIONAL DEVELOPMENT - (25 Marks)

Outcome Goal

The student shows responsibility and maturity in relation to his / her role within and outside the agency.

Is able to understand and adhere to the ethics of social work by his / her commitment to social workvalues.

Indicators

- Develops self-awareness with the ability to understand and accept one's own strengths and limitations as a professional.
- Is aware of social dynamics of a problem-situation and the need for sensitivity in dealing with them.
- Is consistent in taking up and completing tasks.
- Shares responsibility in a team recognizes the need for co-operation and teamwork and shows leadership when required.
- Able to understand the ethics of the profession and abide by social work values in practice.
- Shows a willingness to learn through introspection and learning from others.

Participation in Orientation / Exposure Visits / Camps - (5 Marks)

Outcome Goal

The student is able to appreciate the importance of orientation / exposure visit and a camp organized by the College and actively participates in them. The student is able to appreciate and learn from the work of other organizations in the field of social work and is able to understand the importance of community living.

Indicators

- Attends and actively participates in the orientation / exposure visits and camps.
- Involves oneself in the planning and execution of tasks in the organization of the camp.
- Sensitive to people's problems and culture.
- Adheres to camp discipline and values of teamwork and group living.

- Critically evaluates the camp programme and makes constructive suggestions.
- Is actively involved in the process of report writing and presentation.

IV. USE OF FIELD INSTRUCTION - (10 Marks)

Outcome Goal

The student understands and recognizes the role of the faculty advisor, field instructor and field contact, and learns to take responsibility for learning.

Indicators

- Attends conferences regularly
- Submits recordings regularly
- Appreciates instructors' guidance through comments in recordings and uses these to prepare for conferences.
- Appreciates the need to read material that is relevant to field work.
- Follows up on tasks / suggestions discussed with the field instructor / faculty advisor.

Semester-II

C 7 Research Methodology (4 credits)

Objectives

To enable students to:

- 1. Understand the need for research in Social Work practice and different research methods used in Social Work research
- 2. Understand the role and characteristics of different Research Designs, Methods and Statistical tools and techniques.
 - 3. Develop skills in doing Research.

Unit	Content
1.	Introduction to Social Sciences
	a) Research as an integral part of Science.
	b)Difference between Natural Science and Social Science
	Meaning and Scope of Research Methodology
	a) Meaning of Social Research
	b) Importance of Research in Social Work.
	c) Ethical Issues in doing Research
2.	Research Designs
	Types of research designs
	Selection of a Research Problem. a) Literature Review and Literature Survey.
	b) Problem Identification -
	Specification of Research Questions.
	-Rationale and Study Objectives

	Hypothesis.
3.	Selection of a Research Problem. Literature Review and Literature Survey. Problem Identification -Specification of Research QuestionsRationale and Study ObjectivesHypothesis. Problem Formulation - Concepts and Variables Levels of Measurement Scales and Indices
4.	Sampling a) Meaning of Sampling b) Assumption of Sampling c) Types of Sampling - Probability Sampling - Non Probability Sampling
5.	Method, Tools and Techniques of Data Collection a)Distinction between Primary and Secondary Data. B) Direct Observation Method - Obtrusive and non- obtrusive observation. - Participant and non - participant observation. Advantages Limitations c) Interview Method - Forms of Interview , Telephonic Interview , Internet aided Interview, Personal Interview Focus Group Interview - Tools of Interview - Interview Schedule, Interview Guide, Questainnaire - Mailed and Personality distributed Advantages, limitations.
6.	Data Processing, Descriptive and Inferential Statistics, Data Analysis Data editing, Categorization, Code Book, Data-entry and the use of SPSS for data processing and analysis. Learning Statistics through SPSS. Frequency Distributions, Percentages, Measures of Central Tendency, Variance, Range, Standard Deviation, Graphs: Frequency Histograms, Charts. Polygons, Inferential Statistics-Chi square Test, Correlation Test, T Test, ANOVA. Data analysis and Interpretation, Data Interpretation, Discussion, Report Writing.

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New York.

Claire, S, et al (3rd ed), 1976, Research Methods in Social Relations Holt, Rich and Winston, New York.

Costello, P.J.M. 2003, Action Research Continuum, London. Clarke, A., 2003, Evaluation Research Sage Publications, New Delhi

Denzin, N.K., Lincoln, Y.S. (ed), 1994, Handbook of Qualitative Research, Sage Publications,

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Gregory, Ivan. 2005 Ethics in Research Continuum, London

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Polansky, N.A. (ed).1960, Social Work Research, University of Chicago Press, Chicago.

Silverman, D. 1997, Qualitative Research, Theory, Method and Practice, Sage Publications, London.

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Strauss, A, Corbin, J., 1990, Basic Qualitative Research, Sage Publications, New Delhi

Whyte, W.F (ed), 1991 Participatory Action Research Sage Publications, London.

Young, P.V. (4th ed), Scientific Social Surveys and Research, Prentice Hall, Eaglewood Cliff, N.Jersey.

Bailey, K.D. 1987Methods of Social Research John Wiley & Co., New York.

Cochran, W.G., 1972, Sampling Techniques, Wiley Eastern Private Ltd., New Delhi.

Yates, F., 1965, Sampling Methods for Consumer Surveys, Charles Gifts & Camp Ltd., London.

Moser, C.A.Kalton G., 1975, Survey Method in Social Investigation, Heinemann Educational Books,

London.

Festinge, L.Katz, D. (ed), 1953, Research Methods in the Behavioural Sciences.

Kidder, L.H.Judd, G.M., 1986, Research Methods in Social Relations, CBC College Publishing, New York.

Desai, V. (ed), 2006, Potter, R.B.Doing Development Research, Sage Publications, New Delhi.

Chandrasekhar, A.R., Deshpande, V.D., 1984 Descriptive Statistics, S. Chand Co., New Delhi. Champion, D. J., 1981, Basic Statistics for Social Research, Macmillan Publishing Co., New York. 10)

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C 8 Contemporary Social Movements (4 credits)

Course Objectives:

- Understand contemporary national and international protest movements.
- Develop ability to situate micro interventions in the context of macro perspectives.
- Appreciate the contribution of social and political movements to social change

Unit	Topics
no	
1.	Current situation of rural and urban poor :
	 The agrarian crisis and rural – urban migration.
	 Issues of food security, health and employment affecting the poor,
	as reflected by Human Development Indicators.
2.	Emerging issues in rural and urban communities:

Issues arising due to increasing urbanization and project displacement. Culture and identity as arenas of contestation. Increasing privatization and impact on the poor. 3. Understanding the politics of protest: Typology of social movements. Social movements their characteristic features and contribution to social change. Overview of significant social movements in India and the world. 4. Social Movements & their contribution to social change: Meaning and perspectives. Peasant movements Dalit Movement Women's movement Tribal movement Trade Union movement LGBT movement 5. Social Movements and the state: Strategies employed by social movements ranging from nonviolence to violence. • Scope and limitation of the increasing use of social networking in social movements. Strategies employed by the state to address movements. Significant International and National Movements: 6. Protests against global warming and climate change, World Social Forum, Anti-nuclear Campaigns. Overview of protests against project displacement and for protection of land, water, forests in India, National Alliance for People's Movements, Citizens' movements against corruption and other Political Parties and Movements

References

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Mayo Marjorie 2005; Global Citizens: Social movements and the challenge of globalisation, Canadian Scholars Press

Payne, Malcohm 2005; Modern Social Work Theory: palgrave Macmillan Publishers

Rao MSA 2006: Social movements in India; Manohar publishers, 2006

Shah Ghanshyam 2001: Dalit Identity and politics: Sage publication; New Delhi

Singh R. 2001 : Social Movements old and new; A post modernist critique. Sage Publication, New Delhi

C 9 Work with Groups (4 credits)

Objectives

To enable students to:

- 1. Understand the main features and concerns of various models of social group work.
- 2. Acquire knowledge of development of group work in institutional and community settings.
 - 3. Develop selfawareness and sensitivity as a group worker.

Unit	Content
1.	Introduction to Social Group Work.
	Group work as a method and its development in context of social
	work practice
	Definition and characteristics of social group work.
	Group Work a Method
	Group work as a Method in relation to work with Individuals and
	C.O. as method.
	 Values and distinctive principles underlying the group work as a method.
	 Indicators and counter-indicators of use of group work as a
	Method.
2.	Group Processes
	 Steps in formation of groups.
	 Types of group
	 Phases and Stages of group development.
	Theories of Individual and Group Dynamics
	• (Sociogram, Role and Positions in a group, Scapegoat, Isolates,
	New comer, Group bond, sub groups, conflicts, handling of group dynamics by the group worker)
	 Self reflexivity in handling group processes.
	 Leadership and its development in group work process.
3.	Use of Program Media in Group Work.
	Program/Group Media –
	• Characteristics
	Rationale and Importance of program media
	Types of program media
	Characteristics of Program Media
	 Use of program media (eg. action Songs – simulation games,

	 puppets,role/street plays, photo language, documentary/feature films, posters etc.) Group Discussions, Group Meetings and Training Programs Steps in planning sessions for the group Conducting Group Sessions
4.	 Skills in working with groups Use of Communication: Self and interpersonal communications. Levels of communication within the group. Skills in handling communication. Importance & Principles, Types of recording, Techniques in writing reports etc.
5.	Models of Intervention • Life cycle model: a) Social Goals Model b) Remedial Model c) Reciprocal Model • Tuckman's Model • Team Model • Mutual Aid/ Self Help Models • Needs-ABC Model • Neuro-Linguistic Model • Impact of psychology, sociology, on understanding group dynamics.
6.	 Work with specific target groups Application of Group Work Techniques in the Context of Working with Specific Target Groups, Special Groups & Different Settings with Social Goals Model and Reciprocal Model such as, youth welfare, schools, Correctional Institutions, Anganwadi and Self Help Groups etc. Role of the Social Worker Role of the Social Worker, Task Functions, Maintenance Functions, Dysfunctional Behaviour of Group Members. Use of Relationships: Johari Window model for group development

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C 10 Social policy and Planning (4 credits)

Course Objectives

- Acquire a critical understanding of the approaches to welfare and policy formulation in the country.
- Understand the process of planning and the role of planning in development.
- Appreciate the role of state and non-state actors in policy formulation and implementation.

Unit no	Topics
1.	 Evolution of Social Policy History& ideology of welfare Models of social welfare & underlying philosophies Concept, definitions and aims of social policy
2.	Theoretical Concepts and Principles Related to Explain Social Policy • The state and models of power: liberal Pluralism, Marxism, Postmodernism • Principles of Equity and Social Justice, Inclusion and exclusion
3.	The Indian state and Development Planning • Mixed economy and the State after Independence • • Development Planning-its genesis and philosophy • • Planning institutions at the national, state and local levels • • The planning process- an overview and critique • • Local self-government- role, strengths and limitations
4.	 Understanding Social Policy The policy cycle Agencies involved in policy formulation, design, implementation and review Tools of policy analysis- census surveys, social and economic indicators, the Constitution, legislations, Government Resolutions and ordinances, the State Budget Review of any two Policies related to marginalized group Role of Regulatory bodies, Task Forces and Commissions
5.	 The Changing state and Planning Policy and the four traditions of planning thought- policy analysis, social learning, social reform and social mobilisation Planning in the era of privatisation-the role of state, civil society, corporate sector and market Concept of good governance and its components
6.	 Social Advocacy in Influencing Policy Advocacy as a tool for social change Elements and principles of advocacy Campaigns and building Networks and Coalitions Legal activism in advocacy- using RTI, PIL, office of Lokayukta, etc. Techniques of deepening democracy- social audit, jan sunvai, egovernance, etc.

C 11Introduction to social sciences-II

A. Politics

Course Objectives:

Enable students to:

- Understand Politics as a Social Science and the basic concepts relevant to its study.
- Critically understand and analyse the democratic and dictatorial forms of government and

processes.

• Critically understand and analyse the major political problems that affect the contemp orary society.

Unit	Topics
1	Introduction to politics and stat politics and State
	 Nature and Scope of Politics.
	• State: Elements, Role and Functions.
	Relevance of Politics to Social Work Profession
	Classification of Government
	Democracy: Concept, Characteristics
	Dictatorship: Concept, Characteristics, Types of Dictatorship, Critique of
	Dictatorship.
2	Democratic government and
	Types of Democracy
	- Direct and Indirect Democracies
	- Parliamentary and presidential Democracy.
	Critique of Democracy.
	Federalism in Indian democracy and democratic decentralization.
	International Democratic Body: United Nations
	Democratic Processes
	Election and Representation
	Voting Behaviour and its determinants.
	Role of Election Commission and independent, impartial elections.
	Electoral Violence.
3	Democratic structures
	Meaning, Characteristics, and
	Roles of:
	Political Party
	Pressure Group
	Public Opinion
	Media.
	Political problems
	Political alienation as a problem
	Political corruption as a problem

- Political violence as a problem
 - i Sectarian and Terrorist violence
 - ii. Politicization of Religion leading to Communal Violence
 - iii Regionalist and Separatist movements.

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Bastian, S. (ed). Luckham, R. (2003). Can Democracy be designed, Zed Books. London

23 | Page Cambridge University Press, Cambridge. Cambridge University Press.

McKinnon, C (2008). Issues of Political Theory. Oxford University Press. New York.

Mehra, A.K. & Khanna, D.D (ed) Kueck, G.W (2003). Political Parties and Party System,

New Delhi.

Sharma B.M. Bareth; R (ed) 2004. Good Governance, Globalisation and Civil Society,

Wilkinson, S.(2004). Votes and Violence. Electoral competition and communal riots in India,

B. Economics of development

Course Objectives:

- To develop ability to analyze and understand the contemporary socioeconomic realities through the use of relevant economic concepts.
- To gain insight into various approaches to economic development.
- To develop an understanding of the international socio-economic order and its influence on the economy of developing countries.
- To develop an understanding of the different manifestations of the process of underdevelopment.

Units	Topics
1.	Defining Economics of development and understanding theories of development
	 Nature and meaning of development and economics of development
	 Core values and objectives of development
	Theories of Economic development- The Linear stage theory
	The International Dependence
	Revolution
	The neoclassical counter
	revolution

	The new growth theory
2.	Structures, Characteristics and problems of developing nations The structural Diversity of developing nations. Classification and characteristics of developing nations Concept of Human development Index(HDI) Inequality and Poverty Entitlement approach to Poverty(Amartya Sen) The development assistance debate and debt crisis
3.	 Contemporary Development problems in the context of globalisation The meaning of economic liberalisation and globalisation Factors contributing to globalisation Political ,Economic, Cultural and Psychological impact of globalisation World Hunger- Magnitude ,causes, consequences and remedies

Bow J. (Edited) (2004, 2nd Edition) - The Globalization Reader Blackwell Publishing, Oxford. Parsuraman P. Unnikrishnan, P.V. (2003) – Listening to People in Poverty Books for Change, Banglore.

Somayaji, Sakarama Somayaji, Ganesh (2006) – Sociology of Globalization perspective from India, Rawat Publication, India.

Second Commonwealth NGO Forum - (Report 1996).

Todaro, Michael (2000) – Economic Development, Addrson-Wesley Publishers, New York.

World Development Reports

C 12 Core Course Practicals Field work (4 credits)

FIELD WORK

Hours: 180 hours in each semester

Marks: 100 in each semester

Field Work is an essential component of the Social Work curriculum. It serves as a laboratory where the students learn to integrate their classroom learning with field experiences/reality.

The overall objectives for Field Work are as follows...

- Develop analytical ability to understand various dimensions of problems/issues and approaches to problem solving.
- Develop an integrated approach to social work practice.
- Develop specific skills for intervention at the micro level (individual, family, group and

community) and at the macro level (social systems and institutions)

• Develop professional attitudes utilizing principles and values of social work.

Expectations from students in field work are worked out for Semester II and Semester IV. Students are expected to work towards these expectations (outcome goals) in Semester I and Semester III.

EachSemester is allotted 100 marks for field work. Students are expected to put in 15 hours of field work per week (180 hours in the semester).

Given below are the Outcome Goals for Semester II **Semester II**

Outcome Goals

I. ANALYTICAL ABILITY - (30 Marks)

Outcome Goal

The student acquires knowledge about the agency, it's philosophy goals administrative structure and services, as well as the dynamics therein. The student is able to understand his/her role vis a vis the

agency goals and plan tasks within this context. The student also develops an understanding of the client system and the problem situation and is able to relate it to the theory taught in class.

The student acquires the ability to reflect in her/his recordings the link between theory and practice.

Indicators

- With the help of the instructor, understands the agency. Its goals, objectives and strategies of work. Able to collect information from different sources and write a report on these at the end of the first semester.
- Is able to identify causes and effect of the problem situation as well as record the same in different reports. Identify and profile the client system through home visits and surveys .
- With the help of the instructor, is able to plan and implement group tasks.
- By the end of the semester is able to independently identify future areas of work and indicate a relevant action plan.
- Understands the roles of the agency personnel and his/her own tasks.
- Is able to write basic reports and articles in relation to work done.

II. PROBLEM SOLVING SKILLS - (30 Marks)

Outcome Goal

The student acquires direct intervention skills, communication skills and administrative and recording skills for problem solving.

Indicators

- Understands and identifies simple intervention strategies in relation to the problem situation.
- Understands and responds to problems of individuals, families and groups.
- Able to develop working relationship with the agency, client system, staff, colleagues and others in the field.
- By the end of the semester, is able to develop expertise in a specific area & mobilize/ resources required in the problem solving process.
- Writes recordings which are process oriented and reflective, with analysis in relation to the dynamics of the problems situation / and indicates ability to relate Theory to Practice.
- Able to suggest appropriate strategies / plan for intervention.
- Plans and implements programmes / and sessions for specific target groups.
- Understands and utilizes effective and appropriate IEC material while communicating with different groups.
- Understands and participates in liaisoning with other organizations and networking on common issues.
- Able to identify areas for research, conduct simple surveys, document and present reports.

III. PROFESSIONAL DEVELOPMENT - (25 Marks)

Outcome Goal

The student shows responsibility and maturity in relation to his / her role within and outside the agency.

Is able to understand and adhere to the ethics of social work by his / her commitment to social work

values.

Indicators

• Develops self-awareness with the ability to understand and accept one's own strengths and limitations as a professional.

• Is aware of social dynamics of a problem-situation and the need for sensitivity in dealing with

them.

- Is consistent in taking up and completing tasks.
- Shares responsibility in a team recognizes the need for co-operation and teamwork and shows

leadership when required.

- Able to understand the ethics of the profession and abide by social work values in practice.
- Shows a willingness to learn through introspection and learning from others.

Participation in Orientation / Exposure Visits / Camps - (5 Marks)

Outcome Goal

The student is able to appreciate the importance of orientation / exposure visit and a camp organized by the College and actively participates in them. The student is able to appreciate and learn from the work of other organizations in the field of social work and is able to understand the importance of community living.

Indicators

- Attends and actively participates in the orientation / exposure visits and camps.
- Involves oneself in the planning and execution of tasks in the organization of the camp.
- Sensitive to people's problems and culture.
- Adheres to camp discipline and values of teamwork and group living.
- Critically evaluates the camp programme and makes constructive suggestions.
- Is actively involved in the process of report writing and presentation.

IV. USE OF FIELD INSTRUCTION - (10 Marks)

Outcome Goal

The student understands and recognizes the role of the faculty advisor, field instructor and field contact, and learns to take responsibility for learning.

Indicators

- Attends conferences regularly
- Submits recordings regularly

• Appreciates instructors' guidance through comments in recordings and uses these to prepare for

conferences.

- Appreciates the need to read material that is relevant to field work.
- Follows up on tasks / suggestions discussed with the field instructor / faculty advisor.