

University of Mumbai
Department of Applied Psychology and Counselling Centre
MA Part II Semester IV 2019-20
PAPSY403: Project Based Courses – 10 Credits

Dr. Satishchandra Kumar

1. Happiness at Workplace
2. Humor at workplace
3. Wellbeing at workplace
4. Mindfulness at workplace
5. Workplace Engagement

Dr. Vivek Belhekar

1. Evolutionary Psychology
2. Behavioural Economics: Rationality, Preferences & Choices
3. Conservation Psychology
4. Personality Process and Personality Disorders
5. Psychological phenomenon across Indian culture and society

Dr. Umesh Bharte

1. Social Psychology-social identity approach
2. Preferences and decision making
3. Interface of economics and psychology
4. International student migration
5. Measurement in psychological science

Dr. Wilbur Gonsalves

1. Rehabilitation psychology: Psychosocial aspects of disability, identity and coping with disability
2. Anxiety (Not Anxiety Disorders) and Stress Research: Behavioural and Functional Implications, Related Mediating and moderating Factors to Anxiety and Stress Response, Counselling strategies to manage anxiety and stress
3. Sports Psychology: Motivation, Efficacy and Related Psychological Mechanisms in Competitive Sports
4. Psychosocial Aspects of Aging: Adjustment, Psychological Wellbeing, Quality of Life, Life satisfaction
5. Multicultural Competence and diversity issues in Counselling and Psychotherapy

Dr. Priscilla Paul

1. Issues related to women
2. Issues related to adolescence
3. Issues related to aging
4. Issues related to adults
5. Issues related to work

Ms. Sarika Joshi

1. Evolution and Individual Differences
2. Culture and Personality
3. Social Psychology – Attitudes
4. Understanding Social Groups
5. Development and Measurement of Personality in Children

Ms. Aishe Debnath

1. Cultural Diversity at the workplace
2. Work – family balance
3. Mental Health of Women at the workplace
4. Emotional Intelligence in organizations
5. Corporate Social Responsibility

Ms. Aysha Baig

1. Bias, Stereotype, Prejudice and Discrimination: Socio-cognitive aspects
2. Mental health Issues & Practice with the LGBTQ+ population
3. Psycho-social aspects of (marginalized) identity
4. Gender and Mental Health: Gender Roles, Gender Stereotyping and Gender role conflict
5. Mental health in the digital age: Cyber-bullying, social media, and mental health

Mr. Raosaheb Raut

1. Suicide and related behavior:
2. Human diversity: gender and sexual orientation, lgbt issues, women (widow, single) sexual harassment at workplace, identity and development in lgbtq, gender and parental aspirations.
3. Sports psychology for special population: self-esteem, self-identity, motivation, efficacy and related psychological mechanisms
4. Marriage institution and family
5. Psychosocial risk and protection

Mr. Sachin Sutar

1. Organisational Citizenship Behaviour
2. Leadership
3. Group dynamics
4. Effect of globalisation on workplace
5. Workplace Stress and Coping Mechanisms

Dr. Naresh Tambe

1. Women's Status in Digital India: Exploring the issues of modern women in Indian cities.
2. Issues of Contractual workers in public sector: Understanding the Psycho-social impact of being contractual workers in public sector.
3. Women's sexuality and sexual satisfaction
4. Caste and religious violence in digital modern India: Understanding the impact of caste and religious violence on psychological state on Indian society.
5. Education and socio-cultural modernization in India: Psychological Perspective

Ms. Radhika Bhargava

1. Political psychology
2. Personality Psychology
3. Reasoning and decision-making
4. Group and political leadership
5. Evolutionary psychology

Dr. Eshita Mandal

1. Interpersonal Cognition in adolescents and early adult Friendships
2. Unrequited love in the context of Globalisation
3. Intergenerational Relations
4. The negativity and close relationships
5. Adult attachment style in workplace.

Dr. Satishchandra Kumar

1. Happiness at Workplace

Books and Research Articles:

- Anchor, S (2010) *The Happiness Advantage: The Seven Principles of Positive Psychology that Fuel Success and Performance at Work* (Hardcover). Crown Business.
- Appelo, J. (2016) *Managing for Happiness: Games, Tools, and Practices to Motivate any Team*. John Wiley & Sons.
- Argyle, M. (1999). Causes and correlates of happiness. In D. Kahneman, E. Diener, and N. Schwartz (eds.), *Well-Being: The Foundations of Hedonic Psychology*. Russell Sage Foundation: New York.
- Buss, D.M. (2000). The evolution of happiness. *American Psychologist*, 55, 15-23.
- Csikszentmihalyi, M (2002) *Flow: The Classic Work on How to Achieve Happiness*. Penguin Random House. Great Britain.
- Csikszentmihalyi, M. and Hunter, J. (2003). Happiness in everyday life: The uses of experience sampling. *Journal of Happiness Studies*, 4, 185-199.
- Csikszentmihalyi, M (2014) *Toward a Psychology of Optimal Experience* (pp. 209-226). Springer, Netherlands.
- Deci, E.L and Ryan, R.M (2008). Hedonia, eudaimonia and well-being: An introduction. *Journal of Happiness Studies*, 9, 1-11.
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95 (3), 542-575.
- Diener, E. and Diener, C. (1996). Most people are happy. *Psychological Science*, 7, 181-185.
- Diener, E., Suh, E.M., Lucas, R. and Smith, H.L. (1999). Subjective well-being: Three decades of progress. *Psychological Bulletin*, 125 (2), 276-302.
- Dolan, P., Peasgood, T. and White, M.P. (2008). Do we really know what makes us happy? A review of the economic literature on the factors associated with subjective well-being. *Journal of Economic Psychology*, 29, 94-122.
- Fowler, J.H. and Christakis, N.A. (2008). Dynamic spread of happiness in a large social network: Longitudinal analysis over 20 years in the Framingham Heart study. *British Medical Journal*, 337, 2238.
- Frey, B.S. and Stutzer, A. (2000). Happiness, economy and institutions. *Economic Journal*, 110 (466), 918-938.

- Hsieh, T. (2013) *Delivering Happiness: A Path to Profits, Passion, and Purpose* (Reprint edition).
Grand Central Publishing.
- Huppert, F.A and Linley, P.A (2011). *Happiness and Well-being (Critical Concepts in Psychology, Volumes I – IV)*, Routledge. Oxford, Uk.
- Lichter, S. Haye, K. and Kammann, R. (1980). Increasing happiness through cognitive retaining. *New Zealand Psychologist*, 9, 57-64.
- Lyubomirsky, S. Sheldon, K.M. and Schkade, D. (2005). Pursuing happiness: The architecture of sustainable change. *Review of General Psychology*, 9, 111-131.
- Norrish, J., and Vella-Brodrick, D (2008) Is the Study of Happiness a Worthy Scientific Pursuit? *Social Indicators Research*, 87(3), 393-407.
- Oswald, A.J. (1997). Happiness and economic performance. *Economic Journal*, 107, 1815-1831.
- Oishi, S., Diener, E., Napa Scollon, C., & Biswas-Diener, R. (2004). Cross-situational consistency of affective experiences across cultures. *Journal of Personality and Social Psychology*, 86(3), 460.
- Peterson, C., Ruch, W., Beermann, U., Park, N., & Seligman, M. E. (2007). Strengths of character, orientations to happiness, and life satisfaction. *The Journal of Positive Psychology*, 2(3), 149-156.
- Ryan, R.M and Deci, E.L (2001). On happiness and human potentials: A review of research on hedonic and eudaimonic well-being. *Annual Review of Psychology*, 52, 144-166.
- Ryff, C.D. (1989). Happiness is everything, or is it? Exploration on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57, 1069-1081.
- Schwartz, B., Ward, A., Monterosso, J., Lyubomirsky, S., White, K., & Lehman, D. R. (2002). Maximizing versus satisficing: happiness is a matter of choice. *Journal of personality and social psychology*, 83(5), 1178.
- Seligman, M (2002) *Authentic Happiness: Using the New Positive Psychology to Realize your potential for lasting fulfillment*. Free Press. New York.
- Seligman, M.E. (2012) *Flourish: A visionary new understanding of happiness and well-being*.
Simon and Schuster.
- Veenhoven, R. (2004). The greatest happiness principle: Happiness as a public policy aim. In P.A. Linley and S. Joseph (eds.), *Positive Psychology in Practice*. John Wiley and Sons: New Jersey.

2. Humor at Workplace

Books and Research Articles:

- Adelsward, V and Oberg, B.M (1998) The function of laughter and joking in negotiation activities. *Humor: International Journal of Humor Research*, 11(4), 411-429.
- Cooper, C.D and Sosik, J.J (2013) The Laughter Advantage: Cultivating High-Quality Connections and Workplace Outcomes through Humor. In Edited Book By Cameron, K.S and Spreitzer, G.M *The Oxford Handbook of Positive Organizational Scholarship*. Chapter 36, 474-489. Oxford University Press. New Delhi.
- Cooper, C.D. (2005) Just joking around? Employee humor expression as an ingratiation behavior. *Academy of Management Review*, 30(4), 765-776.
- Cooper, C.D (2008) Elucidating the bonds of workplace humor: A relational Process model. *Human Relations*, 61(8), 1087-1115.
- Cousins, N (1976) Anatomy of an Illness (as perceived by the patient) *N. Engl J Med*, 295 (26), 1458-63.
- Davis, A and Kleimer, B.H (1989) The value of humor in effective leadership. *Leadership & Organizational Journal*, 10(1), i-iii.
- Freud, S (1928) Humor. *International Journal of Psychoanalysis*. 9, 1-16.
- Hiranandani, N.A and Yue, X.D (2014) Humor Styles, gelotophobia and self-esteem among Chinese and Indian University Students. *Asian Journal of Social Psychology*, 17, 319-324.
- Holmes, J (2006) Making humour work: Creativity on the Job. *Applied Linguistics*, 28(4), 518-537.
- Holmes, J., and Marra, M (2006) Humor and leadership Style. *Humor. International Journal of Humor Research*, 19(2), 119-138.
- Kazarian, S.S and Martin, R.A (2006) Humor styles, culture-related Personality, well-being and family Adjustment among Armenian in Lebanon. *Humor: International Journal of Humor Research*. 19(4), 405-423.
- Kerkkanen, P., Kuiper, N.A and Martin, R.A (2004) Sense of Humor, Physical health and wellbeing at Work: A three year longitudinal Study of Finnish Police Officers. *Humor International Journal of Humor Research*. 17(1-2), 21-35.
- Kuiper, N.A., Grimshaw, M., Leite, C and Krish, G (2004) Humor is not always the best medicine: Specific components of sense of humor and psychological well-being. *Humor* 17(1/2), 135-168.
- Leist, A.K and Muller, D (2013) Humor Types show different patterns of self-regulation, self-esteem and well-being. *Journal of Happiness Studies*, 14, 551-569.

- Maiolino, N and Kuiper, N (2016) Examining the Impact of a Brief Humor Exercise on Psychological Well-being. *Translational Issues in Psychological Science*. 2(1), 4-13.
- Martin, R.A., Kuiper, N.A., Olinger, L.J and Dance, K.A (1993) Humor, Coping with Stress, Self concept and Psychological wellbeing. *Humor: International Journal of Humor Research*, 6 (1), 89-104.
- Martin, R.A (1996) The Situational Humor Response Questionnaire (SHRQ) and Coping with Humor Scale: A decade of research findings. *Humor International Journal of Humor Research*, 9, 251-272.
- Martin, R.A (2001) Humor, laughter and Physical Health: Methodological Issues and Research findings. *Psychological Bulletin*. 127(4), 504-519.
- Martin, R.A, Puhlik-Doris, P., Larsen, G., Gray, J and Weir, K (2003) Individual differences in uses of Humor and their relation to Psychological well-being: Development of the Humor Styles Questionnaire. *Journal of Research in Personality*. 37, 48-75.
- Martin, R. A (2007) *The Psychology of Humor: An Integrative Approach*: Elsevier, London.
- Martin, R.A (2016) Sense of Humor. In S.J. Lopez (Ed) *Positive Psychological Assessment* (2nd ed. Pp 350-353) Washington D.C. USA.
- Martin, R and Kuiper, N (2016) Three decades investigating Humor and Laughter: An interview with Prof. Rod Martin. *Europe's Journal of Psychology*, 12 (3), 498-512.
- Plester, B (2016) *The Complexity of Workplace Humour. Laughter, Jokes and the Dark side of Humour*. Springer, Switzerland.
- Pundt, A and Herrmann (2015) Affiliative and aggressive humor in leadership and their relationship to leader-member exchange. *Journal of Occupational and Organizational Psychology*, 88, 108-125.
- Smuts, A (2010) The ethics of humor: Can your sense of humor be wrong? *Ethical theory and moral Practice*, 13(3), 333-347.
- Weinstein, N; Hodgins, H.S., and Ostvik-White, E (2011) Humor as Aggression: Effects of Motivation On Hostility Expressed in Humor Appreciation. 100 (6), 1043-1055.
- Willenbrock, N.L and Allen, J.A (2014) How Fun are your meetings? Investigating the relationship between Humor Patterns in Team interactions and Team Performance. *Journal of Applied Psychology*, 99(6), 1278-1287.

3. Wellbeing at Workplace.

Books and Research Articles:

- Bernstein, M (1998). Well-being. *American Philosophical Quarterly*, 35(1), 39-55.

- Cartwright, S and Cooper, C.L (2009). *The Oxford Handbook of Organizational Well-Being*. Oxford University Press: New York.
- Chida, Y. and Steptoe, A. (2008). Positive psychological well-being and morality: A quantitative review of prospective observational studies. *Psychosomatic Medicine*, 70, 741-756.
- Cooper, C.L (2011). *Organizational Health and Wellbeing Vol 1, vol 2, vol 3*, Sage Publications: New Delhi.
- Day, A., Kelloway, E., & Hurrell (Jr.), J. (2014) *Workplace Well-being: How to Build Psychologically Healthy Workplaces*. Wiley-Blackwell.
- Dewe, P and Cooper, C (2012) *Well-being and Work: Towards a Balanced Agenda*. Palgrave Macmillan.
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95 (3), 542-575.
- Diener, E., Diener, M. and Diener, C. (1995). Factors predicting the subjective well-being of nations. *Journal of Personality and Social Psychology*, 69, 851-864.
- Eckersley, R. (2006). Progress, sustainability and human well-being: Is a new world emerging?. *International Journal of Innovation and Sustainable Development*, 1(4), 304-317.
- Huppert, F.A. (2009). A new approach to reducing disorder and improving well-being. *Perspectives on Psychological Science*, 4(1), 108-111.
- Huppert, F.A (2009) Psychological Well-being: Evidence regarding its causes and consequences.
Applied Psychology: Health and Well-being 1(2), 137-164.
- Huppert, F.A and Linley, P.A (2011). *Happiness and Well-being (Critical Concepts in Psychology, Volumes I – IV)*, Routledge. Oxford, UK.
- Kahneman, D (2009a). Experienced Utility and Objective Happiness: A Moment-Based Approach (Pgs 673-692.) In Kahneman, D and Tversky (Eds.), *Choices, Values and Frames*, Russel Sage Foundation, Cambridge University Press: New York, USA.
- Kahneman, D (2009b). Evaluation by Moments Past and Future (Pgs 693- 708) In Kahneman, D and Tversky (Eds.), *Choices, Values and Frames*, Russel Sage Foundation, Cambridge University Press: New York, USA.
- Kahneman, D (2009). New Challenges to the Rationality Assumption (Pgs 758-774) In Kahneman, D and Tversky (Eds.), *Choices, Values and Frames*, Russel Sage Foundation, Cambridge University Press: New York, USA.
- Keyes, C.L.M., Schmotkin, D. and Ryff, C.D. (2002). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology*, 82, 107-122.

- Litchfield, P., Cooper, C, hancock, C and Watt, P (2016). Work and Wellbeing in the 21st Century. *International Journal of Environmental Research and Public Health*, 13, 2-11.
- Putnam, L. (2015) Workplace Wellness that Works: 10 Steps to Infuse Well-Being and Vitality into any Organization, Wiley, 1st edition.
- Roberttson, I., and Cooper, C. (2011) Well-being: Productivity and Happiness at Work. Palgrave Macmillan.
- Ryan, R.M., Bernstein, J.H., and Brown, K.W. (2010) Weekends, work, and well-being: Psychological need satisfactions and day of the week effects on mood, vitality, and physical symptoms. *Journal of Social and Clinical Psychology*, 29(1), 95-122.
- Ryff, C.D., Dienberg Love, G., Urry, H.L., Muller, D., Rosenkranz, M.A., Friedman, E.M., and Singer, B (2006) Psychological well-being and ill-being: Do they have distinct or mirrored biological correlates? *Psychotherapy and Psychosomatics*, 75(2), 85-95.
- Ryff, C.D., and Keyes, C.L. (1995) The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69, 719-727.
- Ryff, C. D., Dienberg Love, G., Urry, H. L., Muller, D., Rosenkranz, M. A., Friedman, E. M., ... & Singer, B. (2006). Psychological well-being and ill-being: do they have distinct or mirrored biological correlates?. *Psychotherapy and psychosomatics*, 75(2), 85-95.
- Ryff, C.D. and Keyes, C.L. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69, 719-727.
- Schulte, P., and Vainio, H. (2010) Well-being at work – overview and perspective. Scandinavian *Journal of Work, Environment & Health*, 36(5), 422-429.
- Tausig, M., and Fenwick, R (1999) Recession and well-being. *Journal of Health and Social Behavior*, 1-16.
- Tversky, A and Griffin, D (2009). Endowments and Contrast in Judgments of Well-Being (Pgs 709 – 725) In Kahneman, D and Tversky (Eds.), *Choices, Values and Frames*, Russel Sage Foundation, Cambridge University Press: New York, USA.

4. Mindfulness in Organization

Books and Research Articles:

- Bergomi, C., Tschacher, W. & Kuper, Z (2013). The Assessment of Mindfulness with Self-Report Measures: Existing Scales and Open Issues. *Mindfulness*, 4 (3), 191-202.

- Brown, K., Ryan, R., & Creswell, J.D (2007). Mindfulness: Theoretical Foundations and Evidence for Its Salutary Effects. *Psychological Inquiry. An International Journal for the Advancement Of Psychological Theory*, 18 (4), 211-237.
- Chaskalson, C (2011) *The Mindful Workplace: Developing Resilient Individuals and Resonant Organizations with MBSR*. Wiley-Blackwell.
- Chapman-Clarke, M. (2016) *Mindfulness in the Workplace: an evidence-based approach to improving Well-being and maximizing performance*. Kogan Page.
- Goleman, D (2014) *Focus: The Hidden Driver of Excellence*. Paperback. Harper Collins USA.
- Hyland, K., Lee, R.A & Mills M (2015) Mindfulness at Work: A New Approach to Improving Individual and Organizational Performance: *Industrial and Organizational Psychology*, 8(4), 576-602.s
- Kabat-Zinn, J., (1994) *Wherever you go there you are*. New York. Hyperion.
- Langer, E., Le. A., & Ngnoumen, C (2014) *The Wiley Blackwell Handbook of Mindfulness (Wiley Clinical Psychology Handbooks)*, 1st Edition, Hardcover. Wiley Blackwell.
- Mark, J., Williams, G & Kabat-Zinn, J. (2013) *Mindfulness – Diverse Perspectives: Diverse Perspectives On its Meaning: Origins and Applications*. Routledge.
- Shapiro, S., Carlson, L., Astin, J., & Freedman, B (2006) Mechanism of Mindfulness. *Journal of Clinical Psychology*, 62 (3), 373-386.
- Sutcliffe, K., Vogus, T., & Dane, E (2016) Mindfulness in Organizations: A Cross-level Review. *Annual Review of Organizational Psychology and Organizational Behavior*, 3(1), 55-81.

5. Work Engagement

Books and Research Articles:

- . Ayub, E.V., Cardenas, S.J and Valencia-Cruz A (2014-15) Work Engagement and Occupational Burnout: its relation to organizational socialization and psychological resilience. (2) 45-55.
- Bakker, A.B. (2011). An evidence-based model of work engagement. *Current Directions in Psychological Science*, 20 (4), 265-269.
- Bakker, A.B., Albrecht, S.L and Leiter, M.P (2011a) Key questions regarding Work Engagement. *European Journal of Work and Organizational Psychology*, 20, 4-28.
- Bakker, A.B., Albrecht, S.L and Leiter, M.P (2011b) Work Engagement: Further reflections on the State of Play. *European Journal of Work and Organizational Psychology*, 20, 74-88.
- Bakker, A.B and Demerouti, E (2008) Towards a model of work engagement. *Career Development International*, 13, 209-223.

- Bakker, A.B and Leiter, M.P (2010) *Work Engagement. A Handbook of Essential theory and research*. New York, NY: Psychology Press.
- Bhatnagar, J. and Biswas, S. (2010). Predictors and outcomes of employee engagement: Implications for resource-based view perspective. *Indian Journal of Industrial Relations*, 46 (2), 273-286
- Britt, T.W, Dickinson, Greene-Shortridge, T.M and Mckibben, E.S (2007) Self-Engagement at Work. In *Positive Organizational Behavior* Edited by Nelson, D.L and Cooper, C.L Chapter 11, 143-158. Sage Publications, New Delhi.
- Csikszentmihalyi, M (2002). *Flow: The Classic Work on How To Achieve Happiness*. Penguin Random House. Great Britain.
- Gagne, M. (2014). *The Oxford Handbook of Work Engagement, Motivation, and Self-Determination Theory*. Oxford University Press: New Delhi.
- Geldenhuis, M, Laba,K, Venter, L.M (2014) Meaningful Work, Work Engagement and Organization Commitment. *SA Journal of Industrial Psychology*, 40(1) Art # 1098, 10 pgs [http:// dx.doi.org/10.4102/Sajipv40:1.1098](http://dx.doi.org/10.4102/Sajipv40:1.1098).
- Kahn, W.A (1990) Psychological conditions of personal engagement and disengagement at work. *Academy of Management Journal*, 33, 692-724.
- Mauno, A., Kinnunen, U., & Ruokolainen, M (2007) Job demands and resources as antecedents of work engagement: A longitudinal Study. *Journal of Vocational Behavior*, 70, 149-171.
- Maylett, T. and Warner, P. (2014). *Magic: Five Keys to Unlock the Power of Employee Engagement*. Greenleaf Book Group Press: Austin, Texas.
- Rich, B.L., LePine, J.A., and Crawford, E.R (2010) Job engagement: Antecedents and effects on Job Performance. *Academy of Management Journal*, 53 (3), 617-635.
- Rothbard, N.P (2001) Enriching or depleting? The dynamics of engagement in work and family roles. *Administrative Science Quarterly*, 46, 655-684.
- Rothbard, N.P and Patil, S.V (2013) Being There: Work Engagement and Positive Organizational Scholarship. In Cameron, K.S and Spreitzer, G.M Edited book *The Oxford Handbook of Positive Organizational Scholarship*. Chapter 5. 56-69. Oxford University Press. New York.
- Schaufeli, W.B (2013) What is Engagement? In C. Truss, K Alfes, R. Delbridge, A, Shantz & E. Soane (eds) *Employee Engagement in Theory and Practice*. London. Routledge.
- Schaufeli, W.B. and Salanova, M. (2007). Enhancing work engagement through the management of human resources. In Naswell, Hellgren and Sverk (Eds.), *The Individual in the Changing Working Life*. Cambridge University Press: New York.
- Schaufeli, W.B. and Salanova, M. (2014). *Work Engagement: When Work Becomes Passion*. Wiley-Blackwell: London.

Seligman, M.E. (2012) *Flourish: A visionary new understanding of happiness and well-being*. Simon Schuster.

Shuck, B and Wollard, KK (2011). Antecedents to employee engagement: a structured review of the literature. *Advances in Developing Human Resources*.
Doi:10.1177/152342231143/220.

Yalabik, Z.Y., Rossenberg, Y.V., Kinnie, N and Swart, J (2015). Engaged and Committed? The relationship between work engagement and commitment in professional service firm. *The International Journal of Human Resource Management*, 26(12), 1602-1621.

Dr. Vivek Belhekar

1. Evolutionary Psychology

Books and Research Articles:

- Barkow, J. H., Cosmides, L., Tooby, J. (1992). *The adapted mind*. Oxford University Press.
- Buss, D. (2011). *Evolutionary Psychology: A new Science of Mind*. Pearson Education.
- Dunbar, R. I. M. (2005). *Evolutionary Psychology: A Beginner's Guide*. One world.
- Buss, D. (2005). *The Handbook of Evolutionary Psychology*. John Wiley & Sons, Inc.
- Dunbar, R. and Barret, L. (2007). *The Oxford Handbook of Evolutionary Psychology*. Oxford University Press.

2. Behavioural Economics: Rationality, preferences and choices

Books and Research Articles:

- Wilkinson, N. and Klaes, M. (2012). *An Introduction to Behavioral Economics*. Palgrave Macmillan
- Lewis, A. (2008). *The Cambridge Handbook of Psychology and Economic Behaviour*. CUP: Cambridge, New York.
- World Bank Group (2015). *Mind, Society, And Behavior*. DC: International Bank for Reconstruction and Development.
- Agarwal, B. and Vercelli, A. (2005) *Psychology, rationality, and economic behaviour: challenging standard assumptions*. Palgrave Macmillan: NY
- Just, D. R. (2014). *Introduction To Behavioral Economics Noneconomic Factors That Shape Economic Decisions*. Wiely: NY

3. Conservation Psychology

Books and Research Articles:

- Clayton, S. D. (2012). *The Oxford handbook of environmental and conservation psychology*. OUP: NY.
- Clayton, S. & Myers, G. (2011). *Conservation Psychology: Understanding and Promoting Human Care for Nature*. Wiley Blackwell.
- Srivastava and Kothari. *Churning the earth*. New Delhi.

4. Personality Process and Personality Disorders

Books and Research Articles:

- Hogan, R. Johnson, J. Briggs S. (Eds.) (1997). *Handbook of Personality Psychology*. San Diego: Academic Press.
- McCrae and Alik (2002). *Five-Factor model across cultures*. Kluwer academic Publisher. USA
- Millon, T. (2011). *Disorders of Personality: Introducing a DSM/ICD Spectrum from Normal to Abnormal*. (Wiley Series on Personality Processes). NY: John Wiley.
- Dobbert, D. L. (2010). *Understanding Personality Disorders: An Introduction*. Maryland: Rowman & Littlefield Publishers.
- Widiger, T. A. & Costa P. T. Jr. (2012). *Personality Disorders and the Five-Factor Model of Personality*. NY: APA.
- Various issues of JPSP, PAID, *Journal of Personality Disorders*, Guilford Press and *Personality Disorders: Theory, Research, and Treatment*, American Psychological Association.

5. Psychological Phenomenon across Indian Culture and Society

Books and Research Articles:

- McCrae and Alik (2002). *Five-Factor model across cultures*. Kluwer academic Publisher. USA
- Shriadev, and Levy (2004) *Cross-cultural Psychology*. Pearson Education, Inc.
- Kitayama (2000). *Cultural psychology of self: A Renewed Look at Independence and Interdependence* 27 *International Congress of Psychology*.
- Berry, Poortinga, Segal, Dasen. (2002). *Cross-cultural psychology. Research and Applications*. Cambridge University Press.

Dr. Umesh Bharte

1. Social Psychology-social identity approach

Books and Research Articles:

- Markus, H. R. & Kitayama, S. (1991). Culture and the Self: Implications for Cognition, Emotion, and Motivation. *Psychological Review*, 98, 2, 224-253.
- Markus, H., & Nurius, P. (1986). Possible Selves. *American Psychologist*, 41, 9, 954-969.
- Marriot, M. (1990). *India through Hindu categories*. Thousand Oaks: Sage Publication.
- Reicher, S., Spears, R., & Haslam, S. A. (2010). The Social Identity Approach in Social Psychology. In M. S. Wetherell & C. T. Mohanty (Eds.), *Sage Identities Handbook*. London: Sage.
- Tajfel, H. (1981). *Human Groups and Social Categories*. Cambridge: Cambridge University Press.
- Turner, J. C. & Oakes, P. J. (1986). The Significance of the Social Identity Concept for Social Psychology with reference to Individualism, Interactionism, and Social Influence. *British journal of Social Psychology*, 25, 237-252.
- Turner, J. C. & Oakes, P. J. (1997). The Socially Structured Mind. In C. McGarty & S. A. Haslam (Eds.), *The Message of Social Psychology* (pp. 355-373). Oxford: Blackwell.

2. Preferences and decision making

Books and Research Articles:

- Bettman, J. R., Luce, M. F., & Payne, J. W. (1998). Constructive Consumer Choice Processes. *Journal of Consumer Research*, 25, 187-217.
- Gerrard, B. (1993). Beyond the Logical Theory of Rational Choice. In B. Gerrard (Ed.), *The Economics of Rationality* (pp. 52-67). London: Routledge.
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Dr. Wilbur Gonsalves

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- b. Journal of Aging and Health
- c. Journal of Applied Gerontology
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- f. Journal of Counselling Psychology
- g. The Counselling Psychologist
- h. Counselling Psychology Quarterly
- i. International Journal for the advancement of counselling
- j. The European Journal of Counselling Psychology
- k. Behaviour Research and Therapy
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Yoon, E., Langrehr, K., & Ong, L. Z. (2011). Content analysis of acculturation research in counseling and counseling psychology: a 22-year review.

Fox, C. M., & Jones, J. A. (1998). Uses of Rasch modeling in counseling psychology research. *Journal of Counseling Psychology*, 45(1), 30.

Dr. Priscilla Paul

1. Issues Related to Women

Books and Research Articles:

Nancy E. Dowd: In defense of single parenting

Sara Mc Lanahan & Gary Sandefur: Growing up with a single parent. 1994

Annic D Yarber & P. M. Shap: Focus on single parent and families

Geneieve Clapp: Divorce and new beginning: An authoritative guide to recovery and growth, solo parenting & Step families

Misra L. (1992): Women issues: An Indian Perspective: Northen Book Centre. New Delhi

P.J. Dubeck, Kathryn Borhan (1996): Women and work : A handbook . Garland Publishing. Inc. N.Y. London

V.J. Adesso, D.M. Reddy, R. Fleming (1994): Psychological perspectives on women's health. Taylor & Francis Publishers

Catheleen Rountree: On women turning 50. Celebrations, Mid-life Discoveries

Kopala, M & Keitel (M)(Ed)(2003): Handbook of counseling women. Sage Publication. N. Delhi

2. Issues Related to Adolescence

Books and Research Articles:

D. B. Rao: Personality of adolescent studies

Inge seifege Krenke: Stress, Coping & Relationships in adolescence

Heath Dingwell- Stress Proof Your teen: Helping your teen manager. Stress & Bulding healthy habits

Margaret & E. Blaustin: Treating the traumatic stress in children & adolescences. How to foster resilence

J. Coleman, A. Hagele (2007) : Adolescence, risk & resilience against odds. John Wiley & Sons

- Gerard, K & Gerard D (2004): *Counselling Adolescents*. Sage Publications. N. Delhi
- Sherry J. (2004): *Counseling children & adolescents & families*. Sage Publications. N. Delhi
- K. Hurrelmann & S. L. Hamilton (1996) *Social Problems & social concepts in adolescents: Perspectives across boundaries*.

3. Issues Related to Aging

Books and Research Articles:

- Rowe, J.W. & Kahn, R.L. (1998): *Successful aging*. Pantheon Books: N.Y.
- Ather M.Taqi & Ahmed Itrat & Waris Qidwai & Zeeshan Qadri (2007): *Depression in the elderly: Does Family system plays a role a cross- sectional study*.
- M.G. Hussain (1997): *Changing Indian society & status of aged*
- Carolyn M. Aldwin & Diane fox Gilmer & M.R. Levenson (3rd ed): *Health, Illness & optimal aging*. Springer Publishing company.
- Orbach, A. (2003): *Counseling older clients*. Sage Publications. N. Delhi
- Cindy S. Bergeman : *Aging, Genetic & Environmental Influences*. Individual differences & development series. Volume 9. Sage publications. New- Delhi.
- B. resnick, L.P.Gwyther, K.A. Robert. (2011) *Resilience in aging. Concepts, research and outcomes*. Springer
- K.S.Markides, C.L.Cooper (1989) *Aging, stress & health*
- Aging well*. Ann Bowling, *Growing older*. Series. Alan Walker. Open University Press. (2005)
- Aging , spirituality & well being* by Alber ewell. (2004). Jessica Kingsley Publishers. London & N.Y.
- Women & Aging: Transcending the myths*. *Women and psychology*. By Linda R. Cannon. Taylor and francis. 1999
- Understanding aging parents*. Andrew D Lester, J.L. Lester. 1980 *Adult, children & aging Parents*. J.E. Hyens, Novella Perrin, 1989 *Snipper View*

4. Issues Related to Adults

Books and Research Articles:

- Velleman, R. (2001) : *Counselling for alcoholic problems*. Sage Publications. N. Delhi
- Perkinson, R.R. (2002): *Chemical Dependency counseling*. Sage Publications. N. Delhi

Cornelia Stration Parker (2008): Working with the working women. Bidlio buzaal LLC
D'Leary. C.J. (1999) Counselling couples, families. Sage Publications. N Delhi
Deiner, E & Lucas, R., (1999): Personality & subjective well being
John Blando: Counseling older adults. 1st edition
Stefen Priebe, Joseph P.J.Oliver, Wolfgang Kaiser(1999) 1st edition: Quality of life and
mental health care.

5. Issues Related to Work

Books and Research Articles:

Snyder, C.R. (Eds) (2001): Coping with stress: Effective people & processes. Oxford
university. Press. N.Y.
Paul E Spector (1997) Job satisfaction: Application, assessment, causes and consequences.
Sage Publications.
Shay Mc. Cannon & Margaret Mc Cannon (2010): Managing Conflict at work place
Ron Warren (2017): Personality at workplace. Mc Graw-Hill Education
Alber Bandura (1995, reprinted 1999) Self-efficacy in changing societies. Cambridge
university press
M Victor Prasad Kumar, K Ramesh, GW Vijay Kumar: (2011) Work life balance

Ms. Sarika Joshi

1. Evolution and Individual Differences

Books and Research Articles:

Barkow, J. H., Cosmides, L., & Tooby, J. (Eds.). (1995). *The adapted mind: Evolutionary psychology and the generation of culture*. Oxford University Press, USA.
Buss, D. M. (1995). The future of evolutionary psychology. *Psychological Inquiry*, 6(1), 81-87.
Buss, D. (2015). *Evolutionary psychology: The new science of the mind*. Psychology Press.
Buss, D. M., & Penke, L. (2015). Evolutionary personality psychology.
Cosmides, L. (1989). The logic of social exchange: Has natural selection shaped how humans reason? Studies with the Wason selection task. *Cognition*, 31(3), 187-276.

Cosmides, L., & Tooby, J. (2013). Evolutionary psychology: New perspectives on cognition and motivation. *Annual review of psychology*, 64, 201-229.

Reader, W., & Workman, L. (2008). *Evolutionary psychology: an introduction*. Cambridge University Press.

Roberts, S. C. (Ed.). (2012). *Applied evolutionary psychology*. Oxford University Press.

Trivers, R. L. (1971). The evolution of reciprocal altruism. *The Quarterly review of biology*, 46(1), 35-57.

Journals:

- a. Evolution and Human Behavior
- b. Evolution, Mind and Behaviour
- c. Evolutionary Behavioral Sciences
- d. Evolutionary Psychology

2. Culture and Personality

Books and Research Articles:

Allik, I., & Allik, I. U. (2002). *The five-factor model of personality across cultures*. Springer Science & Business Media.

Buss D. M. & Larsen R. J. (2009). *Personality Psychology: Domains of Knowledge About Human Nature*. NJ: McGraw-Hill Humanities.

Hofstede, G. (2011). Dimensionalizing cultures: The Hofstede model in context. *Online readings in psychology and culture*, 2(1), 8.

Markus, H. R., & Kitayama, S. (1998). The cultural psychology of personality. *Journal of cross-cultural psychology*, 29(1), 63-87.

McCrae, R. R., Costa Jr, P. T., Del Pilar, G. H., Rolland, J. P., & Parker, W. D. (1998). Cross-cultural assessment of the five-factor model: The Revised NEO Personality Inventory. *Journal of Cross-Cultural Psychology*, 29(1), 171-188.

Journals:

- a. Journal of Cross-cultural psychology
- b. Journal of Personality and Social Psychology
- c. European Journal of Personality
- d. Personality and Individual Differences
- e. Journal of Research in Personality

3. Social Psychology – Attitudes

Books and Research Articles:

- Albarracín, D., Johnson, B. T., & Zanna, M. P. (2014). *The handbook of attitudes*. Psychology Press.
- Branscombe, N. R., & Baron, R. A. (2017). *Social psychology*. NY: Pearson.
- Eagly, A. H., & Chaiken, S. (1993). *The psychology of attitudes*. Harcourt Brace Jovanovich College Publishers.
- Eiser, J. R., & Eiser, J. R. (1986). *Social psychology: Attitudes, cognition and social behaviour*. Cambridge University Press.
- Greenwald, A. G., McGhee, D. E., & Schwartz, J. L. (1998). Measuring individual differences in implicit cognition: the implicit association test. *Journal of personality and social psychology*, 74(6), 1464.
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- Likert, R. (1932). A technique for the measurement of attitudes. *Archives of psychology*.

Journals:

- a. The Journal of Social Psychology
- b. Journal of Personality and Social Psychology
- c. European Journal of Social Psychology
- d. Journal of Applied Social Psychology

4. Understanding Social Groups

Books and Research Articles:

- Abrams, D., Hogg, M. A., & Marques, J. M. (Eds.). (2004). *Social psychology of inclusion and exclusion*. Psychology Press.
- Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and personality psychology compass*, 2(1), 204-222.
- Tajfel, H. E. (1978). *Differentiation between social groups: Studies in the social psychology of intergroup relations*. Academic Press.
- Tajfel, H. (1981). *Human groups and social categories: Studies in social psychology*. CUP Archive.
- Thibaut, J. W. (2017). *The social psychology of groups*. Routledge.
- Turner, J. C., & Reynolds, K. J. (2011). Self-categorization theory. *Handbook of theories in social psychology*, 2(1), 399-417.

Van Lange, P. A., Kruglanski, A. W., & Higgins, E. T. (2011). *Handbook of theories of social psychology: Volume two* (Vol. 2). SAGE publications.

Journals:

- a. European Journal of Social Psychology
- b. British Journal of Social Psychology
- c. Group Dynamics: Theory, Research, and Practice
- d. Personality and Social Psychology Review

5. Development and Measurement of Personality in Children

Books and Research Articles:

Ehrler, D. J., Evans, J. G., & McGhee, R. L. (1999). Extending Big-Five theory into childhood: A preliminary investigation into the relationship between Big-Five personality traits and behavior problems in children. *Psychology in the Schools*, 36(6), 451-458.

Eysenck, H. J., & Eysenck, S. B. (2013). *Personality structure and measurement (psychology revivals)*. Routledge.

Müller, D., Linberg, T., Bayer, M., Schneider, T., & Wohlkinger, F. (2016). Measuring personality traits of young children—results from a NEPS pilot study. In *Methodological Issues of Longitudinal Surveys* (pp. 169-180). Springer VS, Wiesbaden.

Sattler, J. M. (2002). *Assessment of children: Behavioral and clinical applications*. Jerome M Sattler Publisher.

Shiner, R., & Caspi, A. (2003). Personality differences in childhood and adolescence: Measurement, development, and consequences. *Journal of child psychology and psychiatry*, 44(1), 2-32.

Wilson, S., Schalet, B. D., Hicks, B. M., & Zucker, R. A. (2013). Identifying early childhood personality dimensions using the California Child Q-Set and prospective associations with behavioral and psychosocial development. *Journal of research in personality*, 47(4), 339-350.

Journals:

- a. Journal of Experimental Child Psychology
- b. Journal of Child Psychology and Psychiatry
- c. Developmental Psychology
- d. Journal of Child and Adolescent Behavior
- e. European Journal of Developmental Psychology

Ms. Aishe Debnath

1. Cultural Diversity at the workplace

Books and Research Articles:

Buttner, E. Holly; Lowe, Kevin B.; Billings-Harris, Lenora (2006) 'The Influence of Organizational Diversity Orientation and Leader Attitude on Diversity Activities', *Journal of Managerial Issues*, 18(3), pp. 356-371.

Cynthia Estlund (2003) *Working Together: How Workplace Bonds Strengthen a Diverse Democracy*, New York: Oxford University Press.

George Henderson (1994) *Cultural Diversity in the Workplace: Issues and Strategies*, London: Quorum Books.

Minna J. Kotkin (2009) 'Diversity and Discrimination: A look at Complex Bias', *William and Mary Law Review*, 50(5)

2. Work – family balance

Books and Research Articles:

Sue Campbell Clark (2000) 'Work/Family Border Theory: A New Theory of Work/Family Balance', *SAGE Journals*, Volume: 53 (6), pp. page(s): 747-770.

Joseph G. Grzywacz, Dawn S. Carlson (2007) "Conceptualizing Work—Family Balance: Implications for Practice and Research", *SAGE Journals*, Volume 9(4), pp. 455-471.

Rex L. Facer, II, Lori Wadsworth (2008) 'Alternative Work Schedules and Work–Family Balance: A Research Note ', *SAGE Journals*, Volume: 28 (2), pp. 166-177.

3. Mental health of women at the workplace

Books and Research Articles:

Baruch, Grace K., Biener, Lois, Barnett, Rosalind C. (1987) 'Women and gender in research on work and family stress.', *American Psychologist*, Vol 42(2), pp. 130-136.

Bruce Lubotsky Levin Marion Ann Becker (2010) *A Public Health Perspective of Women's Mental Health*, New York, NY: Springer

Stephen Stansfeld (2002) 'Work, personality and mental health', *The British Journal of Psychiatry*, Volume 181, (2), pp. 96-98.

Stephen Stansfeld (2009) 'Mental health and the workplace: issues for developing countries', *International Journal of Mental Health Systems*.

4. Emotional Intelligence in organizations

Books and Research Articles:

Robert K. Cooper, Ayman Sawaf (1997) *Executive EQ: Emotional Intelligence in Leadership and Organization*, New York, NY: The Berkley Publishing Group.

Joseph Ciarrochi, Joseph Forgas, John D. Mayer (2006) *Emotional Intelligence in Everyday Life*, 2nd edn., New York, NY: Psychology Press.

Stéphane Côté, Christopher T. H. Miners (2006) 'Emotional Intelligence, Cognitive Intelligence, and Job Performance', *SAGE Journals*, Volume 51(8), pp. 1-28.

5. Corporate social Responsibility

Books and Research Articles:

Adam Lindgreen Valérie Swaen (2010) 'Corporate Social Responsibility', *International Journal of Management Reviews*, Vol 12(1), pp. 1-7.

Archie B. Carroll (1999) 'Corporate Social Responsibility: Evolution of a Definitional Construct ', *SAGE Journals*, Volume: 38 (3), pp. 268-295.

Frank G. A. De Bakker, Peter Groenewegen, Frank Den Hond (2005) 'A Bibliometric Analysis of 30 Years of Research and Theory on Corporate Social Responsibility and Corporate Social Performance', *SAGE Journals*, Volume: 44(3), pp. 283-317.

Ms. Aysha Baig

1. Bias, Stereotype, Prejudice and Discrimination: Socio-cognitive aspects

Books and Research Articles:

Dovidio, J. F., Hewstone, M., Glick, P., Esses, V. M. (2013). *Chapter 1. Prejudice, Stereotyping and Discrimination: Theoretical and Empirical Overview*. The Sage handbook of prejudice, stereotyping and discrimination. London: SAGE. doi: 10.4135/9781446200919.n1

Elrich, H. (2003). *The Social Psychology of Prejudice: A systematic Theoretical Review and Propositional Inventory of the American*. New York, Wiley

Allport, G.W. (1979). *The nature of prejudice*. Reading, MA: Addison-Wesley. (Original work published in 1954)

Forsyth, D. R. (2010). *Group dynamics (5th ed.)*. Belmont: Wadsworth. ISBN-13: 978-0-495-59952-4

Nadal, K. L. (2018). *Microaggressions and traumatic stress: theory, research, and clinical treatment*. Washington, D.C: American Psychological Association. ISBN: 978-1-4338-2859-1

2. Mental Health Issues and Practice with the LGBTQ+ population

Books and Research Articles:

- Srivastava, S. (2014). Disciplining the 'Desire': 'Straight' State and LGBT Activism in India. *Sociological Bulletin*, 63(3), 368-385. Retrieved from <http://www.jstor.org/stable/43854980>
- Herek, G. M., & Garnets, L. D. (2007). Sexual orientation and mental health. *Annual Review of Clinical Psychology*, 3, 353–375. doi:10.1146/annurev.clinpsy.3.022806.091510
- Bieschke, K. J., Perez, R. M., & DeBord, K. A. (Eds.). (2000). *Handbook of counseling and psychotherapy with lesbian, gay, and bisexual clients*. Washington, DC: American Psychological Association
- Greene, B., & Croom, G. (Eds.). (2000). *Psychological perspectives on lesbian and gay issues: Vol. 5. Education, research, and practice in lesbian, gay, bisexual, and transgendered psychology: A resource manual*. Thousand Oaks, CA: Sage
- DiPlacido, J. (1998). Minority stress among lesbians, gay men, and bisexuals: A consequence of heterosexism, homophobia, and stigmatization. In G. Herek (Ed.), *Psychological perspectives on lesbian and gay issues: Vol. 4. Stigma and sexual orientation: Understanding prejudice against lesbians, gay men, and bisexuals* (pp. 138–159).
- Herek, G. M., Kimmel, D. C., Amaro, H., & Melton, G. B. (1991). Avoiding heterosexist bias in psychological research. *American Psychologist*, 46, 957–963. doi:10.1037/0003066X.46.9.957
- Herek, G. M. (2007). Confronting sexual stigma and prejudice: Theory and practice. *Journal of Social Issues*, 63, 905–925. doi:10.1111/j.1540-4560.2007.00544.x
- Raj, R. (2002). Towards a transpositive therapeutic model: Developing clinical sensitivity and cultural competence in the effective support of transsexual and transgender clients. *International Journal of Transgenderism*, 6. Retrieved from http://www.symposion.com/ijt/ijtvo06no02_04.htm
- Bockting, W. O., Miner, M. H., Swinburne Romine, R. E., Hamilton, A., & Coleman, E. (2013). Stigma, mental health, and resilience in an online sample of the US transgender

population. *American Journal of Public Health*, 103, 943–951.
<http://dx.doi.org/10.2105/AJPH.2013.301241>

Other:

- a. APA Guidelines for Psychological Practice with Lesbian, Gay, and Bisexual Clients
- b. APA Guidelines for Psychological Practice with Transgender and Gender Nonconforming People

3. Psycho-social aspects of (marginalized) identity

Books and Research Articles:

Howard, J. A. (2000). Social psychology of identities. *Annual review of sociology*, 26(1), 367-393.

Markowitz, F. E. (1998). The effects of stigma on the psychological well-being and life satisfaction of persons with mental illness. *Journal of Health and Social Behavior*, 39, 335–347. doi:10.2307/2676342

Steele, C. M., Spencer, S. J., & Aronson, J. (2002). Contending with group image: The psychology of stereotype and social identity threat. In M. P. Zanna (Ed.), *Advances in experimental social psychology*, Vol. 34 (pp. 379–440). San Diego, CA: Academic Press.

Srivastava, S., & Singh, P. (2015). Psychosocial roots of stigma of homosexuality and its impact on the lives of sexual minorities in India. *Open Journal of Social Sciences*, 3(08), 128.

Harper, G. W., & Schneider, M. (2003). Oppression and Discrimination among Lesbian, Gay, Bisexual, and Transgendered People and Communities: A Challenge for Community Psychology. *American Journal of Community Psychology*, 31(3-4), 243–252. doi: 10.1023/a:1023906620085

Rudmin, F. W. (2003). Critical History of the Acculturation Psychology of Assimilation, Separation, Integration, and Marginalization. *Review of General Psychology*, 7(1), 3–37. doi: 10.1037/1089-2680.7.1.3

Riddell, S. (2016). *Disability, Culture and Identity*. TAYLOR & FRANCIS.

Ghai, A. (2019). *Rethinking disability in India*. Routledge India.

Mossakowski, K. N. (2003). Coping with Perceived Discrimination: Does Ethnic Identity Protect Mental Health? *Journal of Health and Social Behavior*, 44(3), 318. doi: 10.2307/1519782

Barai-Jaitly, S. C. T. Social Exclusion and Health of Muslim Communities in Maharashtra. *eSocialSciences and Humanities*, 140.

Jaspal, R. (2011). Caste, social stigma and identity processes. *Psychology and Developing Societies*, 23(1), 27-62.

4. Gender and Mental Health: Gender Roles, Gender Stereotyping and Gender role conflict

Books and Research Articles:

Vindhya, U. (2007). Quality of women's lives in India: Some findings from two decades of psychological research on gender. *Feminism & Psychology*, 17(3), 337-356.

Glynn, K., Maclean, H., Forte, T., & Cohen, M. (2009). The association between role overload and women's mental health. *Journal of Women's Health*, 18(2), 217–223. doi:10.1089/jwh.2007.0783

Landry, L. J., & Mercurio, A. E. (2009). Discrimination and women's mental health: The mediating role of control. *Sex Roles*, 61(3-4), 192–203. doi:10.1007/s11199-009-9624-6

Nadal, K. L., & Haynes, K. (2012). The effects of sexism, gender microaggressions, and other forms of discrimination of women's mental health and development. In P. K. Lundberg-Love, K. L. Nadal, & M. A. Paludi (Eds.), *Women and mental disorders* (Vols. 1-4), (pp. 87–101). Santa Barbara, CA: Praeger

Ali, A., Caplan, P. J., & Fagnant, R. (2010). Gender stereotypes in diagnostic criteria. In J. C. Chrisler & D. R. McCreary (Eds.), *Handbook of gender research in psychology*, Vol 2: *Gender research in social and applied psychology* (pp. 91–109). New York. doi:10.1007/978-1-4419-1467-5_5

Baker, N. L., & Mason, J. L. (2010). Gender issues in psychological testing of personality and abilities. In J. C. Chrisler & D. R. McCreary (Eds.), *Handbook of gender research in psychology*, Vol 2: *Gender research in social and applied psychology* (pp. 63–88). New York,

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- Prentice, D. A. & Carranza, E. (2002). What women and men should be, shouldn't be, are allowed to be, and don't have to be: The contents of prescriptive gender stereotypes. *Psychology of Women Quarterly*, 26(4), 269–281. doi:10.1111/1471-6402.t01-1-00066
- Pleck, J. H. (1981). *The myth of masculinity*. Cambridge, MA: MIT Press.
- O'Neil, J. M. (1990). Assessing men's gender role conflict. In D. Moore, & F. Leafgren (Eds.), *Problem solving strategies and interventions for men in conflict* (pp. 23–38). Alexandria, VA: American Counseling Association.
- Good, G. E., & Wood, P. (1995). Male gender role conflict, depression, and help seeking: Do college men face double jeopardy? *Journal of Counseling and Development*, 74(1), 70–75. doi:10.1002/j.1556-6676.1995.tb01825.x
- O'Neil, J. M. (2015). *Men's gender role conflict: Psychological costs, consequences, and an agenda for change*. Washington, DC: American Psychological Association

Other:

- a. APA guidelines for Psychological Practice with Girls and Women
- b. APA Guidelines for Psychological Practice with Boys and Men

5. Mental health in the digital age: Cyber-bullying, social media, and mental health

Books and Research Articles:

- Amichai-Hamburger, Y. (2007). Personality, individual differences and Internet use. *Oxford handbook of Internet psychology*, 187-204.
- Cowie, H. (2013). Cyberbullying and its impact on young people's emotional health and well-being. *The Psychiatrist*, 37(5), 167-170. doi:10.1192/pb.bp.112.040840
- Sathyanarayana Rao, T. S., Bansal, D., & Chandran, S. (2018). Cyberbullying: A virtual offense with real consequences. *Indian journal of psychiatry*, 60(1), 3–5. doi:10.4103/psychiatry.IndianJPsychiatry_147_18
- Whittaker, E., & Kowalski, R. M. (2015). Cyberbullying via social media. *Journal of School Violence*, 14(1), 11-29.
- Pantic, I. (2014). Online social networking and mental health. *Cyberpsychology, Behavior, and Social Networking*, 17(10), 652-657.

Naslund, J. A., Aschbrenner, K. A., Marsch, L. A., & Bartels, S. J. (2016). The future of mental health care: peer-to-peer support and social media. *Epidemiology and psychiatric sciences*, 25(2), 113-122.

Mr. Raosaheb Raut

1. Suicide and Related Behavior

Books:

O'Connor, R., Platt, C. & Gordon, J. (2011). *International Handbook of Suicide Prevention: Research, Policy and Practice*. John Wiley & Sons Ltd.

Lestler, D. (2001). *Suicide Prevention: Resources for the Millennium*. Series in Death, Dying and Bereavement. USA.

Kerkhof A. (2003). *Attempted Suicide: Patterns and Trends*. The International Handbook of Suicide and Attempted Suicide.

Durkheim, E. (1979). *Suicide: A study in Sociology*. The Free Press, New York, London.

Articles:

Wu KCC, Chen YY, Yip PSF (2012). Suicide Methods in Asia: Implications in Suicide Prevention. *Int J Environ Res Public Health*. 9(4):1135–58.

Patel V, Ramasundarahettige C, Vijayakumar L, Thakur J S, Gajalakshmi V, Gururaj G et al. (2012). Suicide mortality in India: A Nationally Representative Survey. *Lancet*. 379 (9834):2343–51.

Reynders A, Kerkhof AJ, Molenberghs G, Van Audenhove C. (2014). Attitudes and stigma in relation to help-seeking intentions for psychological problems in low and high suicide rate regions. *Soc Psychiatry Psychiatr Epidemiol*. 49 (2):231–9. doi:10.1007/s00127-013-0745-4.

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Becker DF, Grilo CM. (2007). Prediction of Suicidality and violence in hospitalized adolescents: comparisons by sex. *Can J Psychiatry*. 52:572-81.

Zhang J, Xiao S, Zhou L. (2010). Mental disorders and suicide among young rural Chinese: a case-control psychological autopsy study. *Am J Psychiatry*. 167:773-81.

Hawton K, van Heeringen K. (editors). Chichester Wiley; (2000). Symond CS, Taylor S, Tippins V, Tirkington D. (2006). Violent self-harm in schizophrenia. *Suicide Life Threat Behav*. 36:44-9.

Soloff PH, Lis JA, Kelly T, Cornelius J, Ulrich R. (1994). Risk factors for suicidal behavior in borderline personality disorder. *Am J Psychiatry*, 151:1316-23.

Brodsky BS, Groves SA, Oquendo MA, Mann JJ, Stanley B. (2006). Interpersonal precipitants and suicide attempts in borderline personality disorder. *Suicide Life Threat Behav.* 36:313-22.

Vijayakumar L. (2008). Suicide in India in *Suicide in Asia*. In: Yip PS, editor. Hong Kong Univ Press. pp. 121–31.

Accidental Deaths and suicides in India. (2007). National Crime Records Bureau. Ministry of home affairs. Government of India. (all reports)

Sethi BB, Gupta SC, Singh H. (1978). Psychosocial factors and personality characteristics in cases of attempted suicide. *Indian J Psychiatry.* 20:25–30.

Journals:

- a. American Association of Suicidology (AAS).
- b. The Journal of Child Psychology and Psychiatry.
- c. International Journal of Emergency Mental Health and Human Resilience.

2. Human Diversity: Gender and Sexual orientation, LGBT Issues, Women (Widow, Single) Sexual Harassment at Workplace, Identity and development in LGBTQ, Gender and Parental Aspirations.

Books and Research Articles:

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Mr. Sachin Sutar

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Dr. Naresh Tambe

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Ms. Radhika Bhargava

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Dr. Eshita Mandal

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