

UNIVERSITY OF MUMBAI
No. UG/45 of 2015-16

AC 26/2/2015
Item no. 4.15

CIRCULAR:-

The Head, University Department of Philosophy and the Principals of the affiliated Colleges in Arts and the Heads of recognized Institutions concerned are hereby informed that the recommendation made by the Faculty of Arts at its meeting held on 20th February, 2015 has been accepted by the Academic Council at its meeting held on 26th February, 2015 **vide** item No. 4.15 and subsequently approved by the Management Council at its meeting held on 28th May, 2015 **vide** item No.16 and that in accordance therewith, in exercise of the powers conferred upon the Management Council under Section 54 (1) and 55 (1) of the Maharashtra Universities Act, 1994 and the Ordinances 6157 and 6158 and Regulations 8830, 8831, 8832, 8833, 8834, 8835, 8836 and 8837 and the syllabus for the Part time one year Advance Diploma course in Buddhistic Studies has been introduced, which is available on the University's web site (www.mu.ac.in) and that the same has been brought into force with effect from the academic year 2015-16.

MUMBAI – 400 032
4th August, 2015

REGISTRAR

To,

The Head, University Department of Philosophy and the Principals of the affiliated Colleges in Arts and the Heads of recognized Institutions concerned.

A.C/4.15/26.02.2015
M.C/16/28.05.2015

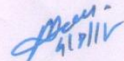
No. UG/ 45 -A of 2015

MUMBAI-400 032

4th August, 2015

Copy forwarded with Compliments for information to:-

- 1) The Dean, faculty of Arts,
- 2) The Professor-cum-Director, Institute of Distance & Open Learning (IDOL)
- 3) The Director, Board of College and University Development,
- 4) The Co-Ordinator, University Computerization Centre,
- 5) The Controller of Examinations.



REGISTRAR

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UNIVERSITY OF MUMBAI



Department of Philosophy

Revised syllabus

Buddhistic Studies Vipassana

Theory & Practice

Program: Advanced Diploma

Course: Buddhistic Studies

(Part time one year)

(with effect from the academic year 2014-15)

‘BUDDHISTIC STUDIES - VIPASSANA THEORY & PRACTICE’

Part – Time One Year Advanced Diploma Course

Ordinances and Regulations relating to the above course:

O.6157 Title of Course: BUDDHISTIC STUDIES VIPASSANA THEORY & PRACTICE’

O .6158 Eligibility:

1. A candidate for being eligible for admission to the course must have passed matriculation, (Std. X) of the Maharashtra State Board of Secondary Education, Pune, or H.S.C. that is should be 12th pass.
2. Diploma in Buddhist Studies Vipassana Theory & Practice is compulsory condition for admission to Advanced Diploma in Buddhist Studies Vipassana Theory & Practice.
3. One Ten day Vipassanā course at any Vipassanā centre acknowledged by Vipassanā Research Institute is compulsory condition for eligibility for appearing in final examination.

R 8830 Duration for the course: It shall be a part-time course and its duration shall be one academic year.

R 8831 Scheme of Papers:

Paper - I – Theory (100 Marks) – HISTORY AND PHILOSOPHY OF TEACHING OF THE

BUDDHA

Paper - II – Theory (100 Marks) – VIPASSANA THEORY AND PRACTICE

R 8832 Examination – Eligibility

R 8833 Exam Structure

A candidate for being eligible for admission to the examination shall satisfy the following requirements: -

1. He / She shall have attended the course of instruction and practice sessions for at least three-fourths of the total number of hours during each term.
2. Paper I is a theory paper on teachings of the Buddha and his philosophy for which examinations of 100 marks will be conducted.
3. Paper II is a theory paper on Vipassana theory & practice for which an examination of 100 marks will be conducted.

R.8834 Fee Structure:

1. The fee prescribed for registration shall be Rs. 100/-
2. The fee prescribed as tuition fee shall be Rs. 1500/-
3. Examination fee prescribed shall be Rs 700/-

R.8835 Passing Criteria: Minimum marks for passing is 40 in each theory paper

R.8836 Qualification for Teachers:

1. Postgraduates in Pali & Buddhistic Studies
2. Authorised Teachers / Old Meditators Of Vipassana Meditation

R.8837 Lectures structure: Once a week for 4 Hours

Paper I — History And Philosophy Of Teaching Of The Buddha Total Marks: 100

UNIT I: Pali Language & Literature - Analytical Study

- Introduction to Pali as a language- (vowel, consonant, joint letters etc)
- Tipitaka and its various classifications
- Critical Analysis of Pali Canonical Literature
- Historical Buddhist Councils as per Theravada tradition (4th, 5th & 6th Theravada councils)
- Famous commentators
- Vamsa literature

UNIT II: Rupa Kaya & Dhamma Kaya of the Buddha

- Rupa-Kaya of the Buddha - Physical attributes of the Buddha - mahapurisa lakkhana
- DhammaKaya of the Buddha- imbibement of Dhamma by the Buddha
- Types of Buddha
- Terminology – Deva, Brahma, Bhagava

UNIT III: Historical Aspects (selected few)

- Influence of Jataka tales on Ajanta paintings 1
- Buddha's Dhamma in the light of Asokan Inscription.
- Origin & development of Buddhist Architecture with special reference to vihara, cetiya gruha, stupa etc
- History of Theravada Buddhism from king Asoka till King Milinda
- Expansion of Buddha Dhamma after Asoka through missanaries Outside India (with special reference to Burma & Sri-Lanka)

UNIT IV: Learning of Pali Suttas through Translation

- Ratana Sutta
- Mahaparinibbana Sutta
- Dhammacakkapavattana Sutta

BOOKS FOR REFERENCES —

1. Pali sahitya ka itihasa- Rahula Sankrityayan
2. Pali sahitya ka itihasa- Dharmaraskhita
3. Pali sahitya ka itihasa- Bharatsingh Upadhyaya
4. History of Pali literature - B. C. Law
5. The Essence of Tipitaka - U Ko lay
6. Gotama the Buddha: His Life and His Teaching - V.R.I. Publication
7. Tipitaka Men Samyaka Sambuddha Vol 1 - S. N. Goenka, V.R.I. Publication
8. Tipitaka Men Samyaka Sambuddha Vol 2 - S. N. Goenka, V.R.I. Publication
9. Asoka ke Shilalekha - V.R.I. Publication
10. 2500 years of Buddhism - P. V. Bapat
11. Buddhist India - Rhys Davids
12. Dhamma Vandana - V.R.I. Publication

Paper II — Vipassana Theory And Practice

Total Marks: 100

Lectures per Week: Once a Week for Four Hours (Three hours for theory and one hour for meditation session).

UNIT I: Theoretical aspects of Vipassana technique

- Mahasatipatthana Sutta
- VitakkaSanthana Sutta
- Ariyapariyesana Sutta

UNIT II: Essentials of Vipassana Practise as found in 'Buddha-Dhamma'

- Vedana - Its Role & Various Perspectives in practice of Vipassana Meditation
- Five Enemies (Panca-nivarana) and five friends (panca bala)
- Role of Anussati
- Metta bhavana as concluding session
- Bodhipakkhiya Dhamma – (37 factors of enlightenment)
- Discourse summary

UNIT III: Achievements of Vipassana techniques

- Bhavanamaya Panna
- Fruits of sanctification
- Development of Karuna, Mudita, Upekkha

UNIT IV: Practical application of Vipassana as found in: (selected few)

- Vipassana & Psychology
- Influence of Vipassana on Architecture
- Vipassana & Prison
- Vipassana & Interpersonal relationship

- Vipassana & Tourism
- Vipassana & World Peace

BOOKS FOR REFERENCES —

1. The Discourse Summaries - S.N. Goenka, V.R.I. Publication
2. Pravachan Saransh - V.R.I. Publication
3. Sayagi U Ba Khin Journal, V.R.I. Publication
4. The Manuals of Dhamma - Ledi Sayadaw, V.R.I. Publication
5. Pali sahitya ka itihasa- Rahula Sankrityayan
6. Pali sahityana ka itihasa- Dharmarakkhita
7. Pali sahitya ka itihasa- Bharatsingh Upadhyaya
8. History of Pali literature - B. C. Law
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11. Tipitaka Men Samyaka Sambuddha Vol 1 - S. N. Goenka, V.R.I. Publication
12. Tipitaka Men Samyaka Sambuddha Vol 2 - S. N. Goenka, V.R.I. Publication
13. Asoka ke Shilalekha - V.R.I. Publication
14. 2500 years of Buddhism - P. V. Bapat
15. Buddhist India - Rhys Davids
16. Mahasatipatthana Sutta - In Hindi/English/Marathi - S.N. Goenka, V.R.I. Publication
17. Dharma - Its True Nature- S.N. Goenka, V.R.I. Publication
